

# THE OPIOID EPIDEMIC

Over 1200 Philadelphians died from drug overdoses in 2017, up from 907 the previous year. Despite improvements to treatment access and efforts to restrict opioid prescribing, the opioid epidemic continues to rage on, impacting people from all racial, ethnic, and socioeconomic groups. Many clinicians who do not work directly with individuals with substance use disorders are confronted with the effects of opioids on their patients' partners, children, friends, and others.

In order for clinicians to develop a stronger understanding of the opioid epidemic and its impact, PCOP has assembled a panel of experts: **Fred Baurer, MD; Jeremy Frank, PhD; and Katie Leshner, PsyD.**

## **The Opioid Epidemic: Psychodynamic Perspectives and Interventions**

This panel presentation will focus on the intrapsychic dimensions of substance use disorders, and the impact of the opioid epidemic on clinical practice. Three psychodynamically-oriented substance use disorder experts will discuss the current understanding of the nature of addictive illness, and using a constellation of structural, relational, and eclectic perspectives, each will share their unique approaches to the internal, external, and intersubjective factors that contribute to symptoms that are so profoundly destructive. Particular attention will be placed on the current epidemic and the meaning therein, as well as practical interventions to be utilized with individuals in recovery and their loved ones.

3 CE/CME credits available

**Free for PCOP Members**

**\$30 for Non-Members not Seeking Credit**

**\$75 for Non-Members Seeking Credit**

Register online at [www.philanalysis.org](http://www.philanalysis.org)

## PSYCHODYNAMIC PERSPECTIVES AND INTERVENTIONS

Saturday,  
February 8

9:00 am – 12:00 pm

Psychoanalytic Center of  
Philadelphia

### **Fred Baurer, MD**

Dr. Baurer is a graduate of Wesleyan University, Temple University School of Medicine, and the Philadelphia Psychoanalytic Institute. He has been practicing addiction psychiatry and psychotherapy for 31 years. He is Medical Director at Kirkbride Center, President of the PA Society of Addiction Medicine, and faculty at PCOP. Fred draws inspiration from yoga practice, swimming, improvisational dance, and loving family and friends.

### **Jeremy Frank, PhD, CADC**

Dr. Frank oversees Jeremy Frank and Associates, a private practice in Bala Cynwyd focusing on a wide range of substance use disorders. He is a psychologist and certified alcohol and drug counselor in recovery from addiction for 28 years, and served as the Coordinator of Campus Alcohol and Substance Awareness at Tuttleman Counseling Services for several years.

### **Katie Leshner, PsyD**

Dr Leshner is a graduate of Widener University and is currently a postdoctoral resident with Jeremy Frank & Associates in Bala Cynwyd as well as with Marc Carafa, PsyD, in Center City Philadelphia. In addition, she is a student at the Institute for Relational Psychoanalysis of Philadelphia. Katie specialized in opioid use disorder for her 1.5 year internship in a medication-assisted-therapy clinic and continues to work with opioid use disorders as well as other substance use disorders in private practice.

## EDUCATIONAL OBJECTIVES

At the end of this presentation, participants will be able to:

1. Identify three characteristics of psychodynamic approaches to addictions.
2. Identify resources for substance use disorder treatment, including medication-assisted treatment.
3. Refine their listening for themes of addiction in their patients or patients' loved ones.

## CONTINUING MEDICAL EDUCATION/CONTINUING EDUCATION

### **Continuing Medical Education (CME):**

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Psychoanalytic Association and the Psychoanalytic Center of Philadelphia. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

The American Psychoanalytic Association designates this Live Activity for a maximum of 3 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS: None of the planners and presenters of this CME program have any relevant financial relationships to disclose.



### **Continuing Education for Psychologists (CE):**

The Psychoanalytic Center of Philadelphia is approved by the American Psychological Association to sponsor continuing education for psychologists. The Psychoanalytic Center of Philadelphia maintains responsibility for this program and its content. Every session of this program offers CE credit for psychologists.

**Continuing Education for Social Workers, Marriage and Family Therapists, and Professional Counselors (CE):** In accordance with the requirements of the Commonwealth of PA dated 12/23/06 [PA Code: Title 49, Ch. 47-49], The State Board of Social Workers, Marriage and Family Therapists, and Professional Counselors recognizes the American Psychological Association (APA) as a preapproved provider of continuing education programs for social workers and clinical social workers, marriage and family therapists, and professional counselors in the State of Pennsylvania. The Psychoanalytic Center of Philadelphia is approved by the American Psychological Association to sponsor continuing education programs.

**For more information, please contact the Psychoanalytic Center of Philadelphia:**

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