

*THIS IS THE RESCHEDULED DATE FOR THE PROGRAM ORIGINALLY SCHEDULED FOR SEPTEMBER 20*

## An Integrative Approach to Psychodynamic Psychotherapy: Importing Other Modalities

When we look at psychological change through the wide-angle lens of multiple disciplines, like neuroscience and non-analytic approaches like behavior and trauma therapies, rather than the psychoanalysis vision alone, we discover new ways of thinking and working. Schools of cognitive-behavioral therapy, mindfulness-based, body-based, imagery-based, and trauma therapies, among others, have revealed insights that can be applied broadly to analytic patients.

**PRESENTER:** Kenneth A. Frank, PhD

Kenneth A. Frank, Ph.D., is Co-Founder and Board Director at the National Institute for the Psychotherapies (NIP), in New York City, and Co-Director of its Psychotherapy Integration Training Program. He is also Former Clinical Professor in Psychiatry at Columbia University College of Physicians and Surgeons and teaches at several analytic institutes. Certified in several approaches to psychotherapy, he has published over 60 scholarly papers, several on psychotherapy integration, in major psychoanalytic and behavioral medicine journals, and books. He is also Senior Consulting Editor for *Psychoanalytic Perspectives: A Journal of Integration and Innovation*. He practices in Englewood, New Jersey, and in New York City.

**DISCUSSANT:** Andrew Smolar, MD

### **WHERE:**

**The Discovery Center**  
3401 Reservoir Drive  
Philadelphia, PA 19121

### **WHEN:**

Friday, November 15, 2019  
from 7:30 pm to 9:30 pm

### **PRICE:**

Free for PCOP Members

\$50 for Non-Members  
Seeking Credit

\$20 for Non-Members  
not Seeking Credit

*An optional dinner will be held  
at Rockland at 6:00 pm before  
the forum. The dinner is \$25  
(\$20 for PCOP trainees).*

Register online at [www.philanalysis.org](http://www.philanalysis.org)



## CE/CME INFORMATION

### EDUCATIONAL OBJECTIVES:

At the end of this program, participants will be able to:

1. Attendees will become able to describe the relevance of neuroplastic memory consolidation in therapeutic change.
2. Attendees will be enabled to recognize and articulate some basic principles of psychotherapeutic change, such as exposure, that operate across many modalities, including analysis.
3. Attendees will achieve new and broadened ways of thinking about diagnosis and formulating interventions through familiarity with diverse therapy models.

### CONTINUING MEDICAL EDUCATION/CONTINUING EDUCATION

#### Continuing Medical Education (CME):

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Psychoanalytic Association and the Psychoanalytic Center of Philadelphia. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

The American Psychoanalytic Association designates this Live Activity for a maximum of 2 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS:** None of the planners and presenters of this CME program have any relevant financial relationships to disclose.



#### Continuing Education for Psychologists (CE):

The Psychoanalytic Center of Philadelphia is approved by the American Psychological Association to sponsor continuing education for psychologists. The Psychoanalytic Center of Philadelphia maintains responsibility for this program and its content. Every session of this program offers CE credit for psychologists.

**Continuing Education for Social Workers, Marriage and Family Therapists, and Professional Counselors (CE):** In accordance with the requirements of the Commonwealth of PA dated 12/23/06 [PA Code: Title 49, Ch. 47-49], The State Board of Social Workers, Marriage and Family Therapists, and Professional Counselors recognizes the American Psychological Association (APA) as a preapproved provider of continuing education programs for social workers and clinical social workers, marriage and family therapists, and professional counselors in the State of Pennsylvania. The Psychoanalytic Center of Philadelphia is approved by the American Psychological Association to sponsor continuing education programs.

For more information about this event or other continuing education programs, please contact the administrative office of the Psychoanalytic Center of Philadelphia:

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