

The Psychoanalytic Center of Philadelphia presents:

## The Henri Parens Symposium

# The Impact of War on Children & Parenting

Abigail Gewirtz, PhD  
Saturday, March 8, 2025  
10:00 AM- 1:45 PM EST  
Virtual via Zoom  
3.75 CE/CMEs Available



### ABOUT THE PROGRAM

"In wartime, children suffer the most." \* and globally, one in four children, or over 1.6 billion children currently live in a country affected by armed conflict, terrorism, or disaster. Parents are the mitigators of suffering for children but wars can adversely affect parenting. How well parents are able to maintain warmth, structure, discipline, monitoring and problem solving is associated with how children adjust, survive and recover from wartime conditions. Dr. Gewirtz will review the effects of the stressors of war on children and on parenting. She will talk specifically about the effect of a parent's wartime military experience and the impact of war exposure and flight on parenting. She will also talk about the effect of transition stressors on parenting and on children's adjustment. What can be done to help children and parents in the wake of war will be discussed and the few programs to support parenting that have been developed and tested will be described.

\* United Nations International Children's Fund.

### ABOUT DR. GEWIRTZ

Dr. Abigail Gewirtz is a child psychologist, mother of four, leading expert on helping families cope with trauma and the author of *When the World Feels Like a Scary Place: Essential Conversations for Anxious Parents and Worried Children* (Workman, 2020). She is Foundation Professor in the Psychology Department at Arizona State University. Dr. Gewirtz has worked as a clinician, researcher, program developer, and trainer of providers, and is the author of more than 100 publications. A fellow of the Association for Psychological Science and the American Psychological Association, Dr. Gewirtz has conducted research in the United States, Asia, the Middle East, and Africa, and has been invited to speak widely, in the U.S. and across the world, on parenting in times of stress.

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## PROGRAM SCHEDULE

This program will consist of three case presentations, Dr. Gewirtz's paper, and time for Q & A.

10:00 AM	Welcome & Introduction
10:20 AM	<b>First Case Presentation:</b> <i>Psychosomatic Complaints in a 12-Year-Old Ukrainian Boy</i> <b>Presenter:</b> Lana Rudenko Lana Rudenko is a psychoanalytic psychologist practicing in Ukraine until January of this year, now in Berlin. She is a Training and Supervising Analyst at the Odesa Psychoanalytic Society.
10:50 AM	<b>Second Case Presentation:</b> <i>An Adolescent's Experience of War</i> <b>Presenter:</b> Ludmyla Kolisnyk, PhD Dr. Kolisnyk is a psychoanalytically-oriented psychologist working with adolescents in Ukraine (mainly university students) as well as those now living as refugees in various countries.
11:30 AM	<i>Children, War, and Parenting</i> <b>Presenter:</b> Dr. Abigail Gewirtz
12:30 PM	<b>Third Case Presentation:</b> <i>A Day in the Life of a Syrian Refugee...a Story of Resilience</i> <b>Presenter:</b> Ingi Soliman, PhD Dr. Soliman is a psychologist in private practice in Manhattan and a former Director of The Child and Adolescent Clinic at Lenox Hill Hospital.
1:15 PM	Q & A
1:45 PM	Closing

**EDUCATIONAL OBJECTIVES:** At the end of this presentation, participants will be able to:

1. List 5 characteristics of children and families who have been exposed to war.
2. List 3 types of mental health intervention appropriate for children or families exposed to war.

**CONTINUING MEDICAL EDUCATION/CONTINUING EDUCATION Continuing Medical Education (CME):**

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Psychoanalytic Association and the Psychoanalytic Center of Philadelphia. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

The American Psychoanalytic Association designates these Live Activities for a maximum of 3.75 *AMA PRA* Category 1 Credit(s)<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS: Disclosure Statement**

The APsA CE Committee has reviewed the materials for accredited continuing education and has determined that this activity is not related to the product line of ineligible companies and therefore, the activity meets the exception outlined in Standard 3: ACCME's identification, mitigation and disclosure of relevant financial relationship. This activity does not have any known commercial support.



**Continuing Education for Psychologists (CE):**

The Psychoanalytic Center of Philadelphia is approved by the American Psychological Association to sponsor continuing education for psychologists. The Psychoanalytic Center of Philadelphia maintains responsibility for this program and its content. Every session of this program offers CE credit for psychologists.

**Continuing Education for Social Workers, Marriage and Family Therapists, and Professional Counselors (CE):**

In accordance with the requirements of the Commonwealth of PA dated 12/23/06 [PA Code: Title 49, Ch. 47-49], The State Board of Social Workers, Marriage and Family Therapists, and Professional Counselors recognizes the American Psychological Association (APA) as a preapproved provider of continuing education programs for social workers and clinical social workers, marriage and family therapists, and professional counselors in the State of Pennsylvania. The Psychoanalytic Center of Philadelphia is approved by the American Psychological Association to sponsor continuing education programs.

For more information, please contact the Psychoanalytic Center of Philadelphia:

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The Psychoanalytic Center of Philadelphia is committed to reasonable accommodations for any member or program attendee with a disability unless doing so would cause significant hardship to the organization. Advance written notice is necessary to arrange for some accessibility needs. To request accommodations for this program, please [click here](#) to complete an Accommodation Request Form.

**Photo Credit: Press Service of the State Emergency Services of Ukraine via Reuters**