



# INFANT RESEARCH AND ADULT TREATMENT

**Beatrice Beebe, PhD**

Morning:

*How Can We See What We Don't See:  
Contributions of Video Microanalysis to Mother-  
Infant Communication*

Afternoon:

*Contributions of Video Feedback Treatment to an  
Ongoing Psychoanalytic Treatment:  
A Patient Who Does Not Look*

Breakfast and  
snacks will be  
provided!



**Saturday,  
September  
14th, 2024**



**12:00 -  
4:00 PM**



**Rockland - 3810  
Mt Pleasant Dr,  
Philadelphia,  
PA 19121**

**FREE for PCOP Students & Members  
4CE/CME Credits Available**

**[RSVP HERE!](#)**

## **Infant Research and Adult Treatment**

In this seminar you will (a) become familiar with mother-infant communication patterns identified by infant research; (b) become more aware of your own nonverbal communication patterns and their contribution to treatment cases; (c) learn about the potential role of video for traumatized patients who cannot look directly into the face of another person.

### **Morning: How Can We See What We Don't See: Contributions of Video Microanalysis to Mother-Infant Communication**

- (1) Case of Linda and Dan: Mother suicidal at birth
- (2) Origins of disorganized attachment at 4 months

I present real-time film and contrast it with video microanalysis.

### **Afternoon: Contributions of Video Feedback Treatment to an Ongoing Psychoanalytic Treatment: A Patient Who Does Not Look**

I present a case of a patient who does not look. She is in an ongoing 20+ year intensive treatment with Dr. Larry Sandberg, and I collaborated as the video feedback therapist for over two decades (Sandberg & Beebe, 2020). My face, but not the patient's face, is videotaped during psychotherapy sessions. The patient and I then review segments of the videotaped session, collaboratively observing and thinking together, translating between the verbal dialogue and the therapist's implicit action dialogue. The video provides a unique opportunity to learn about the therapist's collaborative participation (Lyons-Ruth, 1999) outside the verbal narrative. The therapist's face, as well as bodily gestures of head and hands, and the background vocal rhythm and turn taking of the narrative, are relatively unexplored avenues of therapeutic action in adult treatment. We will discuss how this process helped this patient.

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## **About Beatrice Beebe, PhD**

Beatrice Beebe is Clinical Professor of Psychology (in Psychiatry), College of Physicians & Surgeons, Columbia University Medical Center, New York State Psychiatric Institute. She is an infant researcher and a psychoanalyst, known for video microanalysis of mother-infant interaction and its implications for infant and adult treatment. Her frame-by-frame video microanalyses provide a "social microscope" that reveals subtle details of interactions too rapid to grasp in real time with the naked eye. Her research investigates early mother-infant face-to-face communication: the effects of maternal distress (depression, anxiety, trauma of being pregnant and widowed on 9/11), the prediction of infant attachment patterns, and the long-term continuity of communication from infancy to adulthood. More than 150 students have been trained in her research laboratory over the last three decades. Her recent book is: *The mother-infant interaction picture book: Origins of attachment* (Beebe, Cohen & Lachman, Norton, 2016). She has a YouTube account: <http://youtube.com/@dr.beatricebeebe8658> She is Multi-PI, with Julie Herbstman, R01ES027424-01A1, of *Prenatal endocrine-disrupting chemicals and social/cognitive risk in mothers and infants: Potential biologic pathways*.

**EDUCATIONAL OBJECTIVES:** At the end of this presentation, participants will be able to:

1. Therapists will expand their ability to see and to sense the nonverbal communication patterns in the treatment.
2. Therapists will learn to sense nonverbal patterns in his/her own body, in the patient's body (face/head/hands/vocal rhythm/prosody), and how each individual influences the partner on a split-sec basis.

**CONTINUING MEDICAL EDUCATION/CONTINUING EDUCATION Continuing Medical Education (CME):**

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Psychoanalytic Association and the Psychoanalytic Center of Philadelphia. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

The American Psychoanalytic Association designates these Live Activities for a maximum of 4 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS:**

**Disclosure Statement**

The APsA CE Committee has reviewed the materials for accredited continuing education and has determined that this activity is not related to the product line of ineligible companies and therefore, the activity meets the exception outlined in Standard 3: ACCME's identification, mitigation and disclosure of relevant financial relationship. This activity does not have any known commercial support.

**Continuing Education for Psychologists (CE):**

The Psychoanalytic Center of Philadelphia is approved by the American Psychological Association to sponsor continuing education for psychologists. The Psychoanalytic Center of Philadelphia maintains responsibility for this program and its content. Every session of this program offers CE credit for psychologists.



**Continuing Education for Social Workers, Marriage and Family Therapists, and Professional Counselors (CE):**

In accordance with the requirements of the Commonwealth of PA dated 12/23/06 [PA Code: Title 49, Ch. 47-49], The State Board of Social Workers, Marriage and Family Therapists, and Professional Counselors recognizes the American Psychological Association (APA) as a preapproved provider of continuing education programs for social workers and clinical social workers, marriage and family therapists, and professional counselors in the State of Pennsylvania. The Psychoanalytic Center of Philadelphia is approved by the American Psychological Association to sponsor continuing education programs.

**For more information, please contact the Psychoanalytic Center of Philadelphia:**

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