

PEARSON LECTURE

Consequences of Early Misattunement: Developmental and Diagnostic Considerations

Presenter : Thomas Barrett, PhD

**Discussant: Ya-Juan Zhang,
PCOP Adult and Child
Psychoanalytic Graduate**

**Friday, June 7th
7:00pm-9:00pm EDT
Via Zoom**

Thomas Barrett, PhD, will present his ideas about the impact of early relational misattunement on children and the role of relational attunement (ie Mindsight) when provided in the context of child psychoanalysis. He will provide vignettes from 3-4 clinical cases to illustrate his point of view. Ya-Juan Zhang will discuss Dr. Barrett's paper and present her own ideas and clinical material.

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2 CE/CME's Available

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PEARSON LECTURE

Thomas Barrett, PhD, is a psychologist and psychoanalyst in private practice in Chicago where he is a child and adolescent supervising analyst on the faculty of The Chicago Psychoanalytic Institute, until recently, of the Erikson Institute in Chicago where he taught courses focused on working with infants, toddlers, and their parents to repair the effects of early complex trauma and early relational emotional misattunement.

Dr. Barrett is a geographic supervisor for the Psychoanalytic Program of the Carolinas, and the Denver Psychoanalytic Institute. Dr. Barrett undertook post-graduate training in Infant Mental Health with Prof. Selma Fraiberg at the Child Development Project at the University of Michigan. He completed child psychoanalytic training through the Hanna Perkins Center in Cleveland. From 1990 until July of 2010, Dr. Barrett served as Hanna Perkins Executive and Clinical Director and was a member of the Center's child psychoanalytic training Faculty. Dr. Barrett is a member of the American Psychoanalytic Association (certified in Child/Adolescent Psychoanalysis), the Association for Child Psychoanalysis (where he held several board positions including a term as President from 2020-2022), and the International Psychoanalytic Association. Dr. Barrett has published a variety of professional papers and presents regularly at conferences at local, national, and international venues.

Since spending 10 days during the summer of 2019, teaching young mental health professionals in China, he has continued to provide weekly supervision to several young colleagues there. This spring, he has been teaching an eight session, 16-hour course, focusing on early relational development and complex childhood trauma and its impact on emerging adults to members of ABC, Alumni of Beijing CAPA (China American Psychoanalytic Alliance).

Ya-Juan Zhang has a diverse professional background, with experience as a foreign affairs officer, administration director, and professional management trainer.

However, she found her true calling as a psychotherapist. During her psychodynamic training at the China American Psychoanalytic Alliance (CAPA), she discovered a profound passion for psychoanalysis. This passion was so intense that she pursued further training in adult and child & adolescent psychoanalysis at PCOP. Currently, she is a Clinical Analytic Member of PCOP and a Faculty Member of the Institute at PCOP. Residing in Shenzhen, China, she has been in private practice for 12 years, working with adults, children, adolescents, mother-baby dyads, couples, and families.

EDUCATIONAL OBJECTIVES

At the end of this presentation, participants will be able to:

1. Participant will be able to assess the attunement between young child and primary caretaker
2. Participant will be able to intervene therapeutically with caregiver so that he/she will be aware of their part in any misattunement and to promote change in the caregiver
3. Participant will be able to communicate verbally and nonverbally with the young child about their distress using a process of relational attunement

CONTINUING MEDICAL EDUCATION/CONTINUING EDUCATION

Continuing Medical Education (CME): This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Psychoanalytic Association and the Psychoanalytic Center of Philadelphia. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians. The American Psychoanalytic Association designates these Live Activities for a maximum of 2 *AMA PRA Category 1 Credit(s)™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

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