

# *How Our Work as Analysts Changes Us as Persons*

ANDREW KLAFTER, MD  
WEDNESDAY, NOVEMBER 20, 2024  
7 - 9 PM EST  
VIRTUAL VIA ZOOM & IN-PERSON AT ROCKLAND

## ABOUT THE PROGRAM

Based on 25 years of psychoanalytic and intensive psychotherapy work with patients and his experiences as a teacher, supervisor, and mentor, Dr. Klafter will describe how psychoanalysts are affected by their relationships with their patients. Drawing on object relations theories of psychological development, he will describe how the patient inhabits the analyst's representational world, and how the analytic situation catalyzes unprecedented changes in the analyst's self-representations and adult personality development. Dr. Klafter will also discuss how these changes can impact the analyst's marriage and romantic relationships, parenting, political views, religious beliefs, and friendships.

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## ABOUT DR. KLAFTER

**Dr. Andrew Klafter** is a Training and Supervising Analyst at the Cincinnati Psychoanalytic Institute, where he directs the Advanced Psychodynamic Psychotherapy Training Program, and leads the Technique Track in the Analytic Training Program. At the University of Cincinnati Psychiatry Residency Program, he is a six-time recipient of the Golden Apple Teaching Award for his lectures in psychodynamic psychotherapy and psychotherapy supervision. Dr. Klafter is also a 2024 recipient of the American Psychoanalytic Association's Esther Sabshin Teaching Award . He has led psychotherapy training workshops and seminars in the U.S. and overseas. He has published on various topics related to psychoanalytic theory and technique, and the interface between psychoanalysis, religion, and culture. In his private life, Dr. Klafter is an accomplished photographer and musician.

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**EDUCATIONAL OBJECTIVES: At the end of this presentation, participants will be able to:**

1. Describe the major developmental tasks of middle age and later age adulthood.
2. Identify common emotional challenges faced by psychoanalysts in their interpersonal relationships.
3. Define "Identity" as an evolving and enduring feature of personality, and describe how it is impacted by a career as a psychoanalyst.

**CONTINUING MEDICAL EDUCATION/CONTINUING EDUCATION Continuing Medical Education (CME):**

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Psychoanalytic Association and the Psychoanalytic Center of Philadelphia. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

The American Psychoanalytic Association designates these Live Activities for a maximum of 2 *AMA PRA* Category 1 Credit(s)<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS: Disclosure Statement**

The APsA CE Committee has reviewed the materials for accredited continuing education and has determined that this activity is not related to the product line of ineligible companies and therefore, the activity meets the exception outlined in Standard 3: ACCME's identification, mitigation and disclosure of relevant financial relationship. This activity does not have any known commercial support.



**Continuing Education for Psychologists (CE):**

The Psychoanalytic Center of Philadelphia is approved by the American Psychological Association to sponsor continuing education for psychologists. The Psychoanalytic Center of Philadelphia maintains responsibility for this program and its content. Every session of this program offers CE credit for psychologists.

**Continuing Education for Social Workers, Marriage and Family Therapists, and Professional Counselors (CE):**

In accordance with the requirements of the Commonwealth of PA dated 12/23/06 [PA Code: Title 49, Ch. 47-49], The State Board of Social Workers, Marriage and Family Therapists, and Professional Counselors recognizes the American Psychological Association (APA) as a preapproved provider of continuing education programs for social workers and clinical social workers, marriage and family therapists, and professional counselors in the State of Pennsylvania. The Psychoanalytic Center of Philadelphia is approved by the American Psychological Association to sponsor continuing education programs.

For more information, please contact the Psychoanalytic Center of Philadelphia:

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