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Children's Defenses Against Painful Affect:  
The Case of Philip and an Introduction to  
Regulation-Focused Psychotherapy for  
Children

Presented by:  
Leon Hoffman, MD & Timothy Rice, MD

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Psychoanalytic interventions occur in manualized short-term psychodynamic psychotherapy through the Regulation Focused Psychotherapy approach. In this presentation, Drs. Leon Hoffman and Timothy Rice will review the history of the psychoanalytic technique of interpreting defenses against painful affect with children, demonstrate its effectiveness in the case history of Philip, a six-year-and-five-month old boy who was felt to be autistic, and introduce the Regulation Focused Psychotherapy project. A discussion on the benefits to the analytic and academic communities of incorporating psychoanalytic interventions within testable manualized approaches as well as models for formulation and intervention in children with autism spectrum disorders will follow with audience participation and conversation.



**Saturday, January 27th, 2024**



**9:30 am to 12:00 pm**



**Via Zoom**

**Click Here  
to Register!**

2.5 CE/CME's Available

\$75 for Non-Members Seeking CE Credit

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**BIOGRAPHIES**

**Leon Hoffman, MD** is a child and adolescent psychiatrist, and training and supervising analyst in adult, child and adolescent analysis. He is Co-Director of the Pacella Research Center at New York Psychoanalytic Society and Institute and Chief Psychiatrist of West End Day School in NYC. Over the last 15-20 years, he has become very active in the systematic empirical study of basic psychological constructs as well as the systematic empirical study of psychological treatments, especially with children. RFP-C operationalizes Dr. Hoffman's long-standing clinical approach for children who present with externalizing behaviors. Dr. Hoffman has written extensively about the importance and process of defense interpretation with children and has served as the primary supervisor for study therapists who work on RFP-C projects.

**Timothy Rice, M.D.,** is a child, adolescent, and adult psychiatrist and psychoanalyst in practice in New York, NY. He is an Associate Professor of Psychiatry at the Icahn School of Medicine at Mount Sinai and Co-Chair of the Child Division at the Columbia University Center for Psychoanalytic Training and Research.

## EDUCATIONAL OBJECTIVES

At the end of this presentation, participants will be able to:

1. Participants will be able to recognize and employ psychoanalytic techniques interpreting defenses against painful affect with children.
2. Participants will be able to utilize the regulation-focused psychotherapy model to formulate interventions for children with autism spectrum disorders.

## CONTINUING MEDICAL EDUCATION/CONTINUING EDUCATION

Continuing Medical Education (CME):

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Psychoanalytic Association and the Psychoanalytic Center of Philadelphia. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

The American Psychoanalytic Association designates these Live Activities for a maximum of 2.5 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS:** None of the planners and presenters of this CME program have any relevant financial relationships to disclose.



### Continuing Education for Psychologists (CE):

The Psychoanalytic Center of Philadelphia is approved by the American Psychological Association to sponsor continuing education for psychologists. The Psychoanalytic Center of Philadelphia maintains responsibility for this program and its content. Every session of this program offers CE credit for psychologists.

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For more information, please contact the Psychoanalytic Center of Philadelphia:  
Rockland - East Fairmount Park  
3810 Mt. Pleasant Drive Philadelphia, PA 19121  
215-235-2345  
pcop@philanalysis.org

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