

## SATURDAY MORNING CASE CONFERENCE

# In Stranger Waves: Orienting One(s) Self on the "I Don't Know" Presented by: Jasmine Gibson, LCSW

Jill McElligott, LCSW - Discussant

**Bridgett Bollin, LCSW - Moderator** 

The word "stranger" comes from the Latin word extrāneus, meaning "one who is on the outside". In this latest installment of our case conference series, targeted to early career clinicians and those curious to learn more about psychodynamic approaches to therapy, PCOP Psychotherapy Associate Member, **Jasmine Gibson**, **LCSW**, will present from her work with a young bisexual woman that looks at the role of the therapist as "the stranger" as a means of navigating intersectional identities, co-creating a therapeutic space and understanding through the statement "I don't know". Within this "I don't know", does there lie "transgenerational haunting" (Apprey, 2014) waiting to be given a form and answer?

Discussant **Jill McElligott, LCSW**, psychoanalyst, and PCOP faculty member, will provide insight into how the patient's evolving identit(ies) were shaped by her history and how these issues of identity manifest via the therapy relationship.

Discussion will focus on clinical interventions and case formulation, including concrete examples of "what to say, when" from a psychodynamic lens that attendees can apply to their own clinical work. In the question and answer period that follows, attendees will have an opportunity to discuss the case with Ms. Gibson and Ms. McElligott.

SATURDAY, JANUARY 13TH, 2024

10:00 AM TO 12:00 PM

VIA ZOOM

CLICK HERE TO REGISTER!

2 CE/CME's Available \$60 for Non-Members Seeking CE Credit \$30 for Non-Members not Seeking CE Credit

If you have any questions or concerns, please contact Membership & Events Coordinator Julia Seixas at jseixas@philanalysis.org



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BIOGRAPHIES

Jasmine Gibson, LCSW is a Philly jawn, social worker, and poet. She is a graduate from CUNY Hunter College, Silberman School of Social Work, and currently is a Psychotherapy Associate at the Psychoanalytic Center of Philadelphia. Her professional background is in outpatient psychotherapy, community mental health, and many other settings in New York City and Philadelphia. Her writing has or is soon to be published in Social Text, LIES: A Journal of Materialist Feminism and Pinko: A Journal of Gay Communism. She is the author of Don't Let Them See Me Like This (Nightboat, 2018) and A Beauty Has Come (Nightboat, 2023). She is interested in psychoanalysis that considers liberation psychology, decoloniality, and anti-oppression politics.

Ms. Jill Ragozzino McElligott, LCSW is a graduate analyst from the Psychoanalytic Center of Philadelphia, where she is a faculty and supervising staff member. She has maintained a private practice in psychodynamic therapy and psychoanalysis and worked in local college counseling centers for over 20 years. She is an avid teacher and has received multiple teaching awards for her instruction on defense and resistance at PCOP, for teaching psychodynamic psychotherapy in local medical residencies, and in the Bryn Mawr College Graduate School of Social Work's continuing education program. She has also made Grand Round Presentations on Psychoanalysis, Understanding Self-Defeating Personality Traits, and Handling the Emergence of Negative Transference in Dynamic Therapy. In 2022, she was honored with the American Psychoanalytic Association's Edith Sabshin Teaching Award, for her work educating non-candidates. She is also a former 2004–2005 APsA clinical fellow and recipient of a Stephen Mitchell Scholarship, where she studied female development and diversity in clinical technique respectively.

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### **EDUCATIONAL OBJECTIVES**

At the end of this presentation, participants will be able to:

- 1. Describe elements of psychodynamic psychotherapy case formulation and technique.
- 2. Describe how attention to transference and countertransference feelings can be used to better understand patients and guide treatment/interventions.

## CONTINUING MEDICAL EDUCATION/CONTINUING EDUCATION

Continuing Medical Education (CME):

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Psychoanalytic Association and the Psychoanalytic Center of Philadelphia. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

The American Psychoanalytic Association designates these Live Activities for a maximum of 2 AMA PRA Category 1 Credit(s)TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS: None of the planners and presenters of this CME program have any relevant financial relationships to disclose.



### Continuing Education for Psychologists (CE):

The Psychoanalytic Center of Philadelphia is approved by the American Psychological Association to sponsor continuing education for psychologists. The Psychoanalytic Center of Philadelphia maintains responsibility for this program and its content. Every session of this program offers CE credit for psychologists.

Continuing Education for Social Workers, Marriage and Family Therapists, and Professional Counselors (CE): In accordance with the requirements of the Commonwealth of PA dated 12/23/06 [PA Code: Title 49, Ch. 47-49], The State Board of Social Workers, Marriage and Family Therapists, and Professional Counselors recognizes the American Psychological Association (APA) as a preapproved provider of continuing education programs for social workers and clinical social workers, marriage and family therapists, and professional counselors in the State of Pennsylvania. The Psychoanalytic Center of Philadelphia is approved by the American Psychological Association to sponsor continuing education programs.

For more information, please contact the Psychoanalytic Center of Philadelphia:

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The Psychoanalytic Center of Philadelphia is committed to reasonable accommodations for any member or program attendee with a disability unless doing so would cause significant hardship to the organization. Advance written notice is necessary to arrange for some accessibility needs. To request accommodations for this program, please <u>click here</u> to complete an Accommodation Request Form.