

Ours, Yours, Mine – The Self in Relationship from Infancy through Later Adulthood: A Tribute to the Life and Work of Anni Bergman

Co-Sponsored by The Psychoanalytic Center of Philadelphia &
The Margaret S. Mahler Child Development Foundation

This program draws from approaches to clinical research and practice that are aligned with the work and legacy of Anni Bergman, PhD, a pioneer in developmental theory and in working with high-risk and at-risk individuals and families. Each presentation, and each discussant, builds on Dr. Bergman's legacy, to meet the needs of contemporary clinical practice and current sociopolitical realities. Dr. Bergman mentored each of the presenters, who represent the range and depth of her impact across populations and settings, and who have continued in her tradition of innovation according to evolving circumstances and of integrating research into clinical practice in the real world.

Presenters:

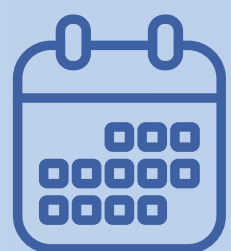
Inga Blom, PhD, PMH-C
Sally Moskowitz, PhD
Wendy Olesker, PhD
Rita Reiswig, MS, LP

Discussants:

Claudia M. Gold, MD
Ashley Rainford, PhD

Moderator:

Lawrence D. Blum, MD



SATURDAY, APRIL 20TH, 2024
8:30 AM TO 1:00 PM EDT
VIA ZOOM

Early Bird Rate Ends March 31st!

- \$80 for Admission
- \$25 for Full-Time students, Residents, & Candidates

After April 1st

- \$100 for Admission
- \$30 for Full-Time students, Residents, & Candidates

4.25 CE/CME's Available



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53RD ANNUAL MARGARET S. MAHLER SYMPOSIUM ON CHILD DEVELOPMENT

PROGRAM SCHEDULE

The event is in Eastern Daylight Time (EDT).

8:30 AM	Welcome - PCOP Office Staff Psychoanalytic Center of Philadelphia
8:32 AM	Susan Shively, MD President, Psychoanalytic Center of Philadelphia
8:35 AM	An Appreciation of Anni Bergman - William M. Singletary, MD President, Margaret S. Mahler Child Development Foundation Faculty, Psychoanalytic Center of Philadelphia
8:50 AM	Introduction to the Panel - Lawrence D. Blum, MD Clinical Professor of Psychiatry, University of Pennsylvania Faculty, Psychoanalytic Center of Philadelphia
9:00 AM	The Impact of Siblings on Development Across the Lifespan: A Case Study of a Sibling Pair Over 60 Years - Wendy Olesker, PhD Training and Supervising Analyst, New York Psychoanalytic Institute, Faculty at NYU Postdoctoral Program in Psychoanalysis and Psychotherapy, Director of Mahler Follow-Up Study
9:45 AM	Audience Discussion
9:50 AM	Looking Back, Looking Forward: The Legacy of Anni Bergman in the ABPIP Home-Visiting Project - Sally Moskowitz, PhD, & Rita Reiswig, MS, LP Co-directors, The Anni Bergman Parent-Infant Program
10:35 AM	Audience Discussion
10:40 AM	Break - 15 Minutes
10:55 AM	Meeting the Minds of Mothers: Finding Risk and Resilience in Maternal Identity Development - Inga Blom, PhD, PMH-C Director of Externship Training Program and Director, Reproductive Mental Health, Lenox Hill Hospital Department of Psychiatry; Part-Time Assistant Professor, The New School; Assistant Professor, Department of Psychiatry, Zucker School of Medicine at Hofstra University/Northwell
11:40 AM	Audience Discussion
11:45 AM	Discussion - Claudia M. Gold, MD Pediatrician, Early Relational Health Specialist Core Faculty, UMass Chan Medical School Early Relational Health Fellowship
12:00 PM	Discussion - Ashley Rainford, PhD Assistant Professor of Medical Psychology in OB/GYN and Psychiatry, Columbia University Medical Center, NYC
12:15 PM	Discussion Between Presenters
12:30 PM	Open Discussion with Audience
1:00 PM	END

BIOGRAPHIES

Presenters

Inga Blom, PhD, PMH-C

Director of Externship Training Program and Director, Reproductive Mental Health, Lenox Hill Hospital Department of Psychiatry; Part-Time Assistant Professor, The New School; Assistant Professor, Department of Psychiatry, Zucker School of Medicine at Hofstra University/Northwell

Inga Blom, PhD, PMH-C, received her PhD, in clinical psychology from the New School for Social Research, where she was a founding member of the Center for Attachment Research, as Miriam Steele's first New York RA. Prior to coming to New York City for graduate school, she completed an honors BA at the University of Toronto, Trinity College in Psychoanalytic Thought. Currently, she is the Program Director of Reproductive Mental Health at Lenox Hill Hospital/Northwell Health in New York City, and Director of Externship training. She is also a member of the American Society for Reproductive Medicine. In these capacities, she coordinates a clinical research program focused on the role of reflective function and aids in adjustment during the perinatal period. Her work and values continue to be inspired by the ongoing mentorship of Dr Steele, Dr Olesker, Dr Beatrice Beebe, and of course, Anni Bergman.

Sally Moskowitz, PhD

Sally Moskowitz, PhD, received her Doctorate in Clinical Psychology from The City University of New York where she later worked as Co-director with Anni Bergman at an innovative therapeutic nursery for children with autism. Dr. Moskowitz is a graduate of the New York University Postdoctoral Program in Psychotherapy and Psychoanalysis, the Institute for Psychoanalytic Training and Research, and The Anni Bergman Parent-Infant Program. She is a member of the Contemporary Freudian Society and is a Training and Supervising Analyst, Associate Dean, and on the Faculty at IPTAR, teaching classes on infancy, latency, adolescence, adoption, and working with children on the autistic spectrum. Since 2006 she has been a Co-director with Rita Reiswig of the Anni Bergman Parent-Infant Program where she co-teaches the weekly seminar and co-directs and is a therapist in the Home Visiting Project.

Since 2002, Dr. Moskowitz has been part of a team of therapists working with Beatrice Beebe on The Mothers, Infants, and Young Children of September 11, 2001 Project. Dr. Moskowitz's papers include Primary Maternal Preoccupation Disrupted by Trauma and Loss, Representations of Mother in the Daughter of a Single, Gay Father, and Playing Dead: An Unconscious Fantasy, Bodily Focused Defenses and their Roots in Infancy. She has been a Consultant to the Bushwick Impact Center, a community-based family center. She has presented her work on parent-infant treatment at various conferences and institutes. Dr. Moskowitz has a private practice working with infants and parents, and children in psychotherapy, and with adults in psychotherapy and psychoanalysis. The Anni Bergman Parent-Infant Program was awarded the 2022 Association for Child Psychoanalysis Award for Excellence.

Presenters

Wendy Olesker, PhD

Wendy Olesker, PhD, is a Training and Supervising Analyst at the New York Psychoanalytic Society and Institute and Senior Editor of the *Psychoanalytic Study of the Child*. Presently, and for the past ten years she has been Director of the Mahler Follow-up Study, focusing in detail on eight of the Mahler babies, who have been given repeated Adult Attachment Interviews among other measures, and followed into their sixth decade. From 1975 until 1986 she established and ran, at Montefiore Medical Center, an observational nursery for research on gender difference in early development. From 1991 until 1997 she collaborated with John McDevitt and Anni Bergman in following up the original Mahler/McDevitt babies of the Separation-Individuation Study. For the past ten years, she has continued the Follow-up Study as Director. It is from her longitudinal research and her analytic experience that she has developed a focus on the developmental process as it impacts understanding the intrapsychic world, the handling of aggression, and love relationships in analytic work with children and adults.

Rita Reiswig, MS, LP

In 1997, with Anni Bergman, Rita Reiswig, MS, LP, founded the three-year training program of Infant Studies at the Contemporary Freudian Society built on the foundation of infant observation, theories of infant development, and parent-infant dyadic treatment. In 2006 the infant program was renamed The Anni Bergman Parent Infant Program and became a joint venture between the Contemporary Freudian Society (CFS) and The Institute for Psychoanalytic Training and Research (IPTAR). In the three-year program, Rita co-teaches the weekly seminar, and supervises and teaches a one-year infant observation seminar along with a short course, using video of one infant and mother, which is offered to agencies and academic institutions. In 2014 an outreach home-visiting project for mothers and infants was added to the offerings of the infant program. Rita co-directs the project as well as provides direct service to mothers and infants as one of the therapists.

Between 2002 and 2020, Rita was part of a team of therapists working with Beatrice Beebe on The Mothers, Infants, and Young Children of September 11, 2001, Project, and authored the paper "What Is Transmitted from the Mother to the Child About the Lost Father" in the *Journal of Infant, Child, and Adolescent Psychotherapy* (2011). Since 2020 she consults weekly with therapists at the Motherhood Center on their dyadic work with Mothers and Infants. In addition, she maintains a private practice in New York City working with adults, children, infants, and parents.

Discussants

Claudia M. Gold, MD

Claudia M. Gold, MD, is a pediatrician and writer who practiced general and behavioral pediatrics for over 20 years and now specializes in Early Relational Health. She is on the faculty of the Early Relational Health Fellowship at the University of Massachusetts Chan Medical School, and the Brazelton Institute at Boston Children's Hospital. She graduated from the University of Chicago and U of C Pritzker School of Medicine. She is a clinician with Volunteers in Medicine Berkshires and director of the Hello It's Me Project, a program designed to bring early relational health principles to high-need, low-resourced communities. She is the author of four books most recently *The Power of Discord* with co-author Ed Tronick (Little, Brown Spark 2020), with a new book- *Getting to Know You: Lessons in Early Relational Health from Infants and Caregivers* forthcoming (Teachers College Press 2025). She speaks frequently to a variety of US and international audiences both lay and professional.

Ashley Rainford, PhD

Ashley Rainford, PhD, is an Assistant Professor of Medical Psychology at the Women's Mental Health program in the OB/GYN department at Columbia University Medical Center. She is a licensed Clinical Psychologist and graduated from City College of New York, CUNY in 2022 after completing her internship at Lenox Hill Hospital in New York, NY. She also completed a postdoctoral fellowship in reproductive mental health at Lenox Hill Hospital in 2023. She has over 10 years of experience completing perinatal and maternal health research as a research and clinical research assistant, and her dissertation highlighted prenatal risk and childhood behavioral outcomes as an effect of parenting and attachment style. She has experience as a clinician for almost a decade, practicing therapy with people of all ages, couples, and families. Within the last two years, Dr. Rainford has gained experience in Health Psychology, acting as a consultant in the fertility department, participating in consultation/liaison services in Lenox Hill Hospital, and completing neuropsychological assessments through the Neurology department.

Moderator

Lawrence D. Blum, MD

Lawrence D. Blum, MD, holds appointments as a Clinical Professor of Psychiatry and Adjunct Professor of Anthropology at the University of Pennsylvania, where he helped to initiate and co-directs the undergraduate minor in Psychoanalytic Studies. He also teaches at the Psychoanalytic Center of Philadelphia, where he was recently made an honorary member of the Child Psychoanalytic Faculty. He has published articles on *The Psychodynamics of Postpartum Depression; Counterdependency; The ABD Student and the Psychology of the Dissertation; Physicians and Guilt; and Music, Memory, and Relatedness*, as well as a variety of op-ed columns and numerous articles aimed at introducing psychoanalytic ideas to trainees, students, and the public. His most recent article is "Minding Our Minds: Obsessive-Compulsiveness, Psychiatry, and Psychology," published in *Culture, Medicine, and Psychiatry*.

EDUCATIONAL OBJECTIVES

At the end of this presentation, participants will be able to:

1. Describe the clinical and research foundations of a home-visiting program that is designed to meet the needs of high-risk mothers and their infants.
2. Summarize ways in which sibling relationships uniquely contribute to development across the lifespan.
3. List factors that contribute to perinatal mood and anxiety disorders (PMADs), including risks and resilience, in contemporary US society.
4. Assess developments in Separation-Individuation Theory since its inception in the 1960s.

CONTINUING MEDICAL EDUCATION/CONTINUING EDUCATION

Continuing Medical Education (CME):

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Psychoanalytic Association and the Psychoanalytic Center of Philadelphia. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

The American Psychoanalytic Association designates this Live Activity for a maximum of *4.25 AMA PRA Category 1 Credit(s)™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS: None of the planners and presenters for this educational activity have relevant financial relationship(s)* to disclose with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

*Financial relationships are relevant if the educational content an individual can control is related to the business lines or products of the ineligible company.

- Updated July 2021 -



Continuing Education for Psychologists (CE):

The Psychoanalytic Center of Philadelphia is approved by the American Psychological Association to sponsor continuing education for psychologists. The Psychoanalytic Center of Philadelphia maintains responsibility for this program and its content. Every session of this program offers CE credit for psychologists.

Continuing Education for Social Workers, Marriage and Family Therapists, and Professional Counselors (CE): In accordance with the requirements of the Commonwealth of PA dated 12/23/06 [PA Code: Title 49, Ch. 47-49], The State Board of Social Workers, Marriage and Family Therapists, and Professional Counselors recognizes the American Psychological Association (APA) as a preapproved provider of continuing education programs for social workers and clinical social workers, marriage and family therapists, and professional counselors in the State of Pennsylvania. The Psychoanalytic Center of Philadelphia is approved by the American Psychological Association to sponsor continuing education programs.

For more information, please contact the Psychoanalytic Center of Philadelphia:

Rockland - East Fairmount Park

3810 Mt. Pleasant Drive Philadelphia, PA 19121

215-235-2345

pcope@philanalysis.org

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