

Googling for Ghosts: Confessions of a Reluctant Psychoanalyst

**Presented by
Sylvia Flescher, MD**

Date: Friday, November 17th, 2023

Time: 7:00 - 9:15 pm

Location: Rockland - East Fairmount Park
3810 Mt Pleasant Dr. Philadelphia, PA
& Virtual via Zoom

**Click Here to
Register For
the In-Person
Program!**

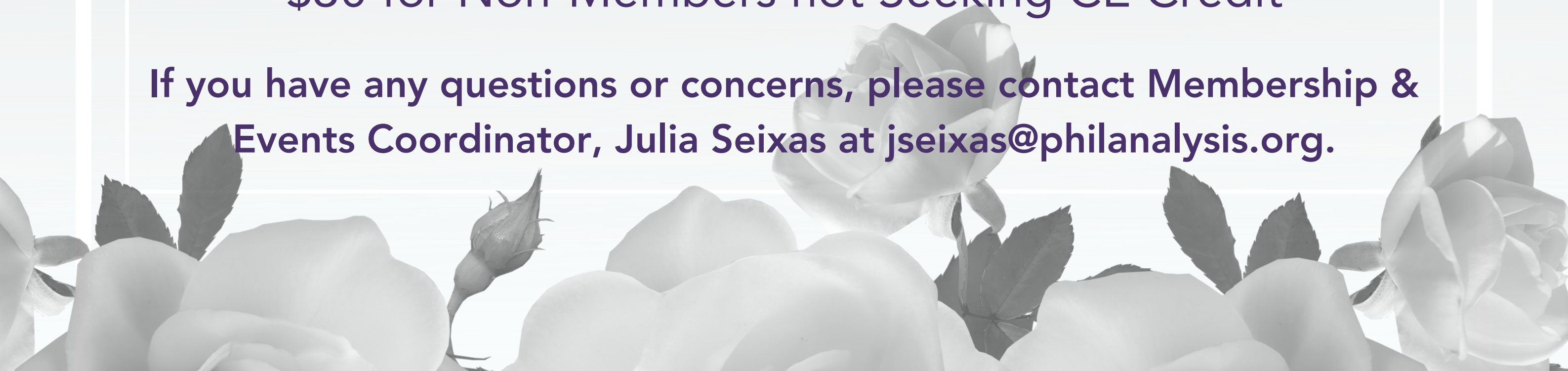
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2 CE/CME's Available

\$60 for Non-Members Seeking CE Credit

\$30 for Non-Members not Seeking CE Credit

**If you have any questions or concerns, please contact Membership &
Events Coordinator, Julia Seixas at jseixas@philanalysis.org.**



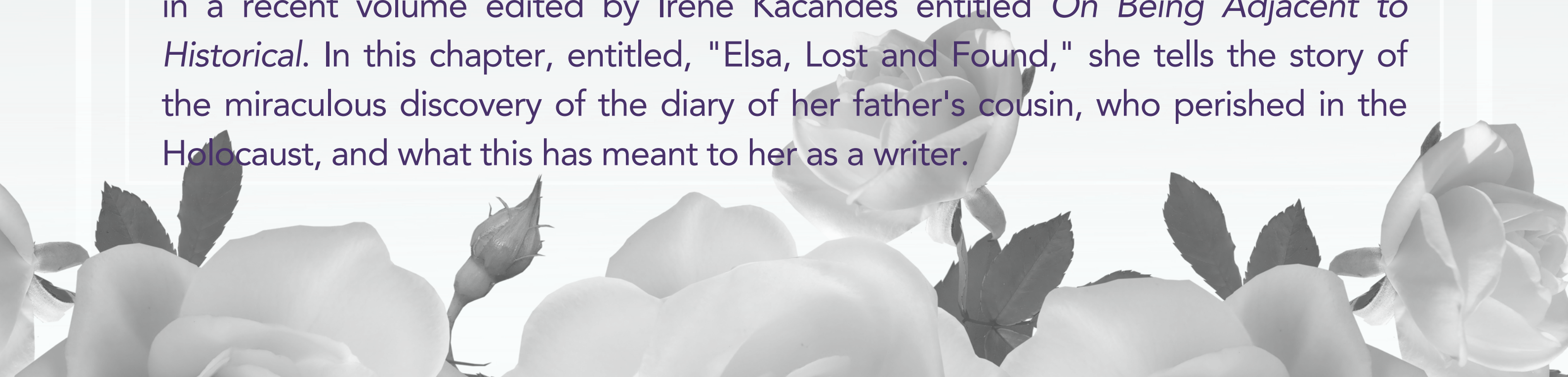
Googling for Ghosts: Confessions of a Reluctant Psychoanalyst

Program Description

Sylvia Flescher, M.D., will join us in person on Friday, November 17th, and share with us excerpts from her memoir-in-progress. Her memoir describes the evolution of her identity as a clinician since her analytic training in the '80s. Dr. Flescher will talk about the origins and development of her ambivalence towards psychoanalysis, considering the role that her training analysis played as well as the impact that her father— an analyst, psychiatrist and Holocaust survivor— had on her. In a poignant and open way, she will share with us how she struggled to find her own voice, and how her life experiences exemplify the phenomenon of intergenerational transmission of trauma. Dr. Flescher's presentation will address the unique trajectory that each clinician paves through their own life experiences, and will show how writing a memoir can support and extend the working through process for analysts across their professional life. She sees her memoir as both an homage to her father and as a means of exorcising him and his long shadow from her psyche.

Biography

Sylvia Flescher, M.D., has been practicing psychiatry and psychoanalysis in Ridgewood, NJ, for over three decades. She completed her psychiatry residency at Mount Sinai in New York City. She graduated from the New York Psychoanalytic Institute in 1991. She is on the faculty at Mt. Sinai, where she led process groups for psychiatric residents. She has served as Program Chair and President of the New Jersey Psychoanalytic Society. She has been active in the New Directions program in Washington, D.C., since 1997. Her paper, "Googling for Ghosts: a Meditation on Writer's Block, Mourning and the Holocaust," was published in the journal *Psychoanalytic Review* in 2012. She contributed a chapter in a recent volume edited by Irene Kacandes entitled *On Being Adjacent to Historical*. In this chapter, entitled, "Elsa, Lost and Found," she tells the story of the miraculous discovery of the diary of her father's cousin, who perished in the Holocaust, and what this has meant to her as a writer.



Psychoanalytic Center of Philadelphia

EDUCATIONAL OBJECTIVES

At the end of this presentation, participants will be able to:

1. To describe how psychoanalytic training has evolved over the past four decades.
2. To identify key differences between classical Freudian techniques and the relational approach.
3. To explain how writing a memoir extends the working-through of one's own analytic treatment.
4. To describe one impact of intergenerational transmission of trauma.
5. To explain how a Holocaust survivor's parent may impede healthy separation in his/her child.

CONTINUING MEDICAL EDUCATION/CONTINUING EDUCATION

Continuing Medical Education (CME):

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Psychoanalytic Association and the Psychoanalytic Center of Philadelphia. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

The American Psychoanalytic Association designates these Live Activities for a maximum of 2 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS: None of the planners and presenters of this CME program have any relevant financial relationships to disclose.



Continuing Education for Psychologists (CE):

The Psychoanalytic Center of Philadelphia is approved by the American Psychological Association to sponsor continuing education for psychologists. The Psychoanalytic Center of Philadelphia maintains responsibility for this program and its content. Every session of this program offers CE credit for psychologists.

Continuing Education for Social Workers, Marriage and Family Therapists, and Professional Counselors (CE): In accordance with the requirements of the Commonwealth of PA dated 12/23/06 [PA Code: Title 49, Ch. 47-49], The State Board of Social Workers, Marriage and Family Therapists, and Professional Counselors recognizes the American Psychological Association (APA) as a preapproved provider of continuing education programs for social workers and clinical social workers, marriage and family therapists, and professional counselors in the State of Pennsylvania. The Psychoanalytic Center of Philadelphia is approved by the American Psychological Association to sponsor continuing education programs.

**For more information, please contact the Psychoanalytic Center of Philadelphia:
Rockland – East Fairmount Park
3810 Mt. Pleasant Drive Philadelphia, PA 19121
215-235-2345
pcop@philanalysis.org**

The Psychoanalytic Center of Philadelphia is committed to reasonable accommodations for any member or program attendee with a disability unless doing so would cause significant hardship to the organization. Advance written notice is necessary to arrange for some accessibility needs. To request accommodations for this program, please [click here](#) to complete an Accommodation Request Form.