

# ***ANALYTIC PRINCIPLES FOR THE REAL WORLD***

## ***"INVISIBLE" RESISTANCE: POLITE COMPLIANCE AS RESISTANCE***

**PRESENTER:** YINGYING WANG

**DISCUSSANT:** ELIO FRATTAROLI, MD

This latest installment of our case conference series highlights the case of a patient where resistance takes the form of “polite compliance”; how that affects the treatment, and the difficult countertransference feelings it stirs up in the therapist. This case will be presented by PCOP psychotherapy student Yingying Wang, to discussant Elio Frattaroli, MD, psychoanalyst and PCOP faculty member.

Discussion will focus on clinical interventions and case formulation, demonstrating the relevance of analytic principles to work with a variety of patients, as well as concrete examples of “what to say, when” in psychotherapy that attendees can apply to their own clinical work. Attendees will have the opportunity to discuss the material together in “break out” chat groups, and a moderator will guide the following question and answer period where you can pose questions to Yingying and Elio regarding the case.

**Yingying Wang** is in the first year of the FOPT program at PCOP, and in her fourth year of CAPA program. She works with individuals experiencing anxiety, depression, and challenges related to a history of trauma. Her work currently focuses on adult psychotherapy but she has plans to expand her work more into work with children and adolescents. Yingying has a private practice in Hangzhou, China.

**Elio Frattaroli, MD**, is currently the director of PCOP’s adult psychoanalytic training program and he works in full time private practice. He has been teaching in PCOP’s psychoanalytic and psychoanalytic psychotherapy programs for as long as PCOP has existed. He trained with Bruno Bettelheim in Chicago before going to Medical School and did his psychiatric residency and was an attending physician at the late great Institute of Pennsylvania Hospital where he did a lot of long-term inpatient treatment of psychotic and other severely disturbed patients. Elio has published and lectured widely on a range of psychoanalytic topics (including Shakespeare). His book, *Healing the Soul in the Age of the Brain: Becoming Conscious in an Unconscious World* was published on September 10, 2001.



**SATURDAY, MAY 7, 2022**  
**10:30 AM - 12:30 PM (ET)**



**FREE for PCOP Members & Non-Members Not Seeking Credit**  
**\$50 for Non-Members Seeking Credit**



**2 CE/CME's Available**

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## EDUCATIONAL OBJECTIVES

At the end of this presentation, participants will be able to:

1. Describe elements of psychodynamic psychotherapy case formulation and technique.
2. Describe how awareness of transference and countertransference feelings can be used to better understand patients and guide treatment/interventions.

## CONTINUING MEDICAL EDUCATION/CONTINUING EDUCATION

Continuing Medical Education (CME):

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Psychoanalytic Association and the Psychoanalytic Center of Philadelphia. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

The American Psychoanalytic Association designates this Live Activity for a maximum of 2 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

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\*Financial relationships are relevant if the educational content an individual can control is related to the business lines or products of the ineligible company.

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**For more information, please contact the Psychoanalytic Center of Philadelphia:**

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