

SECOND ANNUAL INTERNATIONAL SPEAKER FORUM

**Featuring Alessandra Lemma,
MA, MPhil, MSt, DClInPsych
London, United Kingdom**



SATURDAY, APRIL 23 & SUNDAY, APRIL 24
4 CE/CME'S AVAILABLE (2 CE/CME'S PER SESSION)

FREE for PCOP Members
\$60/Session for Non-Members Seeking CE Credit
\$30/Session for Non-Members not Seeking CE Credit

SATURDAY, APRIL 23 - 12:00 PM ET TO 2:00 PM ET
**BECOMING SEXUAL IN DIGITAL
TIMES: THE RISKS AND HARMS OF
ONLINE PORNOGRAPHY**

DISCUSSANT: SALMAN AKHTAR, MD
MODERATOR: ANN EICHEN, PHD

Dr. Alessandra Lemma will discuss the impact of online pornography on sexual health and relationships in young people. She will explore the difference between pre-Internet and online pornography and consider how the online medium changes the young person's relationship to the sexual materials by providing a virtual space within which sexual desire is gratified quickly and non-reflectively, undermining the capacity to mentalize one's own sexual desire and that of the other. By approaching this experience from a psychodynamic perspective, she will consider the long-term ramifications of this shift in terms of public health. Following Dr. Lemma's didactic presentation, Dr. Salman Akhtar will offer some reflections on her work and then there will be a period for informal discussion among attendees.

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SUNDAY, APRIL 24 - 10:00 AM ET TO 12:00 PM ET
**TOWARDS A PSYCHOANALYTIC ETHICS-
BASED PRACTICE WITH TRANSGENDER
INDIVIDUALS**

DISCUSSANT: IRA BRENNER, MD
MODERATOR: ANN EICHEN, PHD

Dr. Lemma has been studying the place of the body in psychic life for many years. She has considered the clinical, conceptual and ethical implications of body modification, the impact of technological developments, virtual reality and transgender. A few years ago, she decided to study applied ethics, and in this program she will be sharing some personal reflections born of her work on applied ethics. Specifically, she will discuss the relationship of applied ethics to her ongoing work with transgender adolescents and adults, some of whom go on to medical transitioning. She will address transgender from a primarily bioethical perspective informed by psychoanalysis in the hope that it allows us to engage with some of the issues from a different angle. Following Dr. Lemma's didactic presentation, Dr. Ira Brenner will offer some reflections on her work and facilitate a discussion with attendees.

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SECOND ANNUAL INTERNATIONAL SPEAKER FORUM

ALESSANDRA LEMMA, MA, MPhil, MSt, DCLINPSYCH

Alessandra Lemma, MA, MPhil, MSt, DCLinPsych, is a Consultant at the Anna Freud National Centre for Children and Families in London, and she works in private practice as a clinical psychologist and psychoanalyst with adolescents and adults at the Queen Anne Street Practice. She worked at the Tavistock and Portman NHS Foundation Trust where she was held several roles. At the Portman Clinic she specialized in working with transgender patients. She has written extensively on the body.

SALMAN AKHTAR, MD

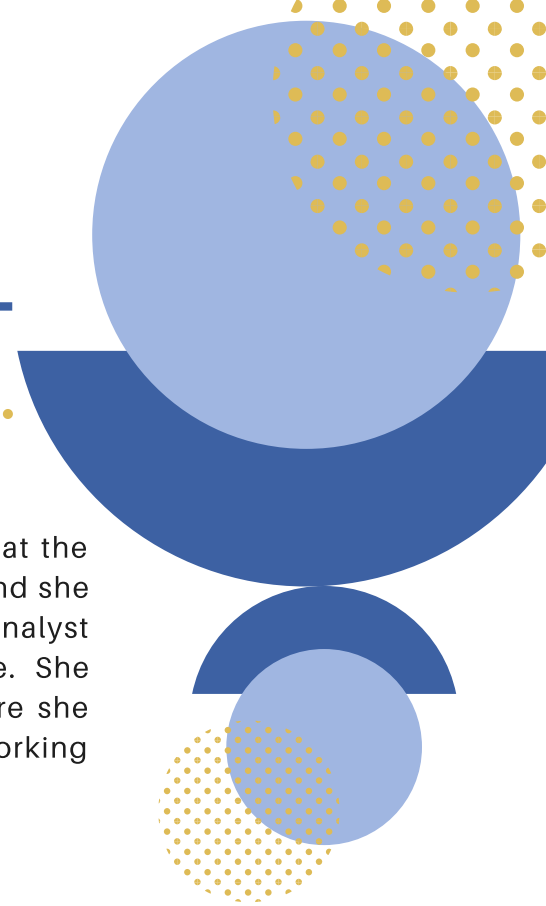
Salman Akhtar, MD, is a Professor of Psychiatry at Jefferson Medical College and a Training and Supervising Analyst at the Psychoanalytic Center of Philadelphia. He has served on the editorial boards of the *International Journal of Psychoanalysis*, the *Journal of the American Psychoanalytic Association*, and the *Psychoanalytic Quarterly*. He has more than 400 publications including 104 books, of which 36 are solo-authored. His most recently published books include *Mind Culture and Global Unrest* (2018), *Silent Virtues* (2019), and *Tales of Transformation: A Life in Psychotherapy and Psychoanalysis* (2022).

IRA BRENNER, MD

Ira Brenner, MD, is Clinical Professor of Psychiatry at Jefferson Medical College, and Training and Supervising Analyst at the Psychoanalytic Center of Philadelphia. He chairs the Holocaust Discussion Group and co-chairs the Dissociative Disorders Discussion Group at the American Psychoanalytic Association meetings. He has authored of over 100 publications, co-edited three special issues of *The International Journal of Applied Psychoanalytic Studies*, and has published 6 books: *The Last Witness - The Child Survivor of the Holocaust*, (with Judith Kestenberg) (1996); *Dissociation of Trauma* (2001); *Psychic Trauma* (2004); *Injured Men* (2009), *Dark Matters - Exploring the Realm of Psychic Devastation* (2014), and *The Handbook of Psychoanalytic Holocaust Studies - International Perspectives* (2020). He maintains a practice of adults and children in the greater Philadelphia area.

ANN EICHEN, PHD

Ann Eichen, PhD, is a licensed clinical psychologist and adult psychoanalyst. She received her PhD from the Derner Institute of Advanced Psychological Studies, and she completed her analytic training at the Psychoanalytic Center of Philadelphia. Dr. Eichen is on the Faculty at PCOP, where she teaches classes in adult and female development, and also serves as the PCOP Programming Director. She has a private practice in Wynnewood, where she provides individual, couples, and group psychotherapy.



EDUCATIONAL OBJECTIVES - BECOMING SEXUAL IN DIGITAL TIMES: THE RISKS AND HARMS OF ONLINE PORNOGRAPHY - SATURDAY, APRIL 23RD

At the end of this presentation, participants will be able to:

1. Describe and summarize the research on the impact of online pornography.
2. Discuss the development of sexuality among today's young adults as it is informed by technology and on line pornography.
3. Predict the risks to psychological well-being that online pornography poses to today's generation of young people.

EDUCATIONAL OBJECTIVES - TOWARDS A PSYCHOANALYTIC ETHICS-BASED PRACTICE WITH TRANSGENDER INDIVIDUALS - SUNDAY, APRIL 24TH

At the end of this presentation, participants will be able to:

1. Define transgender from an analytic perspective and consider it in the context of psychoanalytic theory and practice.
2. Assess the impact of medical transitioning and its most divergent views without our own discipline with a focus on binary and non-binary individuals who wish to undergo medical transitioning in order to minimize their psychological struggle.
3. Discuss the value in helping people to make decisions about medical transitioning that stand the best possible chance of enhancing their well-being.

CONTINUING MEDICAL EDUCATION/CONTINUING EDUCATION

Continuing Medical Education (CME):

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Psychoanalytic Association and the Psychoanalytic Center of Philadelphia. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

The American Psychoanalytic Association designates these Live Activities for a maximum of 4 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS: None of the planners and presenters of this CME program have any relevant financial relationships to disclose.



Continuing Education for Psychologists (CE):

The Psychoanalytic Center of Philadelphia is approved by the American Psychological Association to sponsor continuing education for psychologists. The Psychoanalytic Center of Philadelphia maintains responsibility for this program and its content. Every session of this program offers CE credit for psychologists.

Continuing Education for Social Workers, Marriage and Family Therapists, and Professional Counselors (CE):

In accordance with the requirements of the Commonwealth of PA dated 12/23/06 [PA Code: Title 49, Ch. 47-49], The State Board of Social Workers, Marriage and Family Therapists, and Professional Counselors recognizes the American Psychological Association (APA) as a preapproved provider of continuing education programs for social workers and clinical social workers, marriage and family therapists, and professional counselors in the State of Pennsylvania. The Psychoanalytic Center of Philadelphia is approved by the American Psychological Association to sponsor continuing education programs.

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