

# WHAT TIME DO YOU HAVE? REFLECTIONS ON TIME AND TIME DISRUPTIONS

**Wednesday, November 30th, 2022**  
**7:00 pm to 9:00 pm**  
**Via Zoom**

**Presenter:** Anne Adelman, Ph.D.

**Planner:** Ann Eichen, Ph.D

The pandemic has wrought chaos with our sense of time. As the world moved to Zoom, it was as if our global sense of time collapsed - many are unable to remember when Covid started and how long it had been, and a new marker on our universal timeline seems to have been established - "before Covid" and "after Covid." Time as an organizing principle in our lives has been disrupted, giving rise to disorientation and a sense of dislocation. During Covid, life seemed to simultaneously slow down and speed up, and the in-between -time spaces -time in transit, time in waiting rooms, time online - vanished. What happens when the arc of time shifts and seems to turn back on itself? How do we acquire a sense of past and future? In this presentation, Dr. Adelman will draw from a selection of clinical vignettes with children, adolescents and adults to explore the meanings of time from a developmental perspective, considering how the sense of time serves both an integrative and a defensive function

**Anne Adelman Ph.D.**, is a clinical psychologist and training analyst at the Washington Baltimore Center for Psychoanalysis and the Contemporary Freudian Society. She has published several articles and is the co-author and editor of several articles and four books.\* As the co-editor of JAPA Review of Books, she launched a feature column called "Why I Write," inviting analysts to reflect on the experience of writing. She is a co-chair of the New Directions in Writing Program and maintains a private practice in Chevy Chase, Maryland.



- *When The Garden Isn't Eden: More Psychoanalytic Stories from Life*, with Kerry Malawista and Linda Kanefield. (Columbia University Press, 2022).
- *\*Psychoanalytic Reflections on Parenting Teens and Young Adults: Changing Patterns of Modern Love, Loss, and Longing* (Routledge, 2018)
- *The Therapist in Mourning: From the Faraway Nearby*, with Kerry Malawista (Columbia University Press, 2013.)
- *Wearing my Tutu to Analysis and Other Stories*, with Kerry Malawista and Catherine Anderson (Columbia University Press, 2011)

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**2 CE/CME's Available**  
**\$60 for Non-Members Seeking CE Credit**  
**\$30 for Non-Members not Seeking CE Credit**

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## EDUCATIONAL OBJECTIVES

At the end of this presentation, participants will be able to:

1. Participants will be able to explain the relationship between mourning and temporal phenomena.
2. Participants will be able to describe the developmental trajectory of the sense of time as a central component of psychic life.
3. Participants will be able to discuss the emotional impact of a disruption in the perception of the passage of time, such as the pandemic shutdown, as a psychic experience of being suspended or fractured.

## CONTINUING MEDICAL EDUCATION/CONTINUING EDUCATION

### Continuing Medical Education (CME):

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Psychoanalytic Association and the Psychoanalytic Center of Philadelphia. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

The American Psychoanalytic Association designates this Live Activity for a maximum of 2 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS:** None of the planners and presenters for this educational activity have relevant financial relationship(s)\* to disclose with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

\*Financial relationships are relevant if the educational content an individual can control is related to the business lines or products of the ineligible company.

- Updated July 2021 -



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The Psychoanalytic Center of Philadelphia is approved by the American Psychological Association to sponsor continuing education for psychologists. The Psychoanalytic Center of Philadelphia maintains responsibility for this program and its content. Every session of this program offers CE credit for psychologists.

**Continuing Education for Social Workers, Marriage and Family Therapists, and Professional Counselors (CE):** In accordance with the requirements of the Commonwealth of PA dated 12/23/06 [PA Code: Title 49, Ch. 47-49], The State Board of Social Workers, Marriage and Family Therapists, and Professional Counselors recognizes the American Psychological Association (APA) as a preapproved provider of continuing education programs for social workers and clinical social workers, marriage and family therapists, and professional counselors in the State of Pennsylvania. The Psychoanalytic Center of Philadelphia is approved by the American Psychological Association to sponsor continuing education programs.

**For more information, please contact the Psychoanalytic Center of Philadelphia:**

Rockland – East Fairmount Park  
3810 Mt. Pleasant Drive Philadelphia, PA 19121  
215-235-2345  
pcop@philanalysis.org

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