

Reel Thinking presents

THE FAREWELL

Sunday, June 6, 2021

2:00 pm to 5:00 pm

Discussion Leaders: Zheya Yu, MD, PhD; Rama Rao Gogineni, MD



The push and pull between the bonds of blood and the ties of culture are explored with a light touch and a perceptive eye for detail in this delightful, semi-autobiographical family drama from writer and director Lulu Wang. Wang took this story of devotion and well-intentioned deception and turned it into “The Farewell,” a film that’s deeply moving and unexpectedly playful in equal measure. The American tendency to freely share thoughts and feelings collides with the Chinese way of parcelling up emotions. The two identities co-exist until the moment a matriarch is diagnosed with terminal cancer and the family decides to keep the information from the elderly lady. Ultimately, it’s all about balance, a yin and yang of roots and identities.

Zheya Yu, MD, PhD, is a child and adult psychiatrist and a clinical assistant professor of psychiatry at the University of Pennsylvania. Dr. Yu has devoted much of her professional life to advocating for, educating, and serving the Asian families affected by mental illness in greater Philadelphia. While serving as a member of the Culture and Diversity Committee of the American Academy of Child & Adolescent Psychiatry (AACAP) from 2010 to 2017, Dr. Yu delivered many lectures and co-authored a book chapter on mental health in Asian youth and also helped establish an International Medical Graduate Caucus within AACAP. Called upon by the urgent needs of the Asian community, in 2018 Dr. Yu launched a free weekly peer support group, “Achieving Harmony for Asian Adolescents,” in partnership with the Teen Club Program at the Philadelphia Chinatown Development Corporation (PCDC). This partnership laid a strong foundation for further collaboration between PCDC and Dr. Yu on behalf of Penn Medicine. Dr. Yu won a Chinese Immigrant Family Wellness grant in 2019 from the Scattergood Foundation with a focus on leadership development and building intergenerational connections. Dr. Yu is also the recipient of 2021’s Dean’s award for excellent teaching in School of Medicine, University of Pennsylvania.

Rama Rao Gogineni, MD, is a psychoanalyst, psychiatrist and family therapist. He is a Professor of Psychiatry at Cooper Medical School of Rowan University and Head of Child and Adolescent Psychiatry at Cooper University Health System. He is active in organizational and scholarly activities at Psychoanalytic Center of Philadelphia (PCOP), American Psychiatric Association (APA), American Academy of Child and Adolescent Psychiatry (AACAP), American Society for Social Psychiatry (AASP), Association of Family Psychiatrists (AFP), and other related professional organizations.

This year’s Reel Thinking series will focus on American and International films with themes of racism, institutional racism, and social trauma. Discussion will focus on psychosocial, cultural, and psychoanalytic perspectives that are helpful in clinical settings, including psychotherapy, and in overcoming conscious and unconscious biases.

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EDUCATIONAL OBJECTIVES

At the end of this presentation, participants will be able to:

1. Describe the sociology and psychology of racism and sexism AKA institutional racism and sexism
2. List the effects of racism and sexism on individuals, groups and society
3. Assess, explain and critique conscious and unconscious biases, role of these in transference and counter transference
4. Assess and critique how survivors of these social traumas cope with it and develop resiliency to enhance themselves and contribute to the goodness of society.

CONTINUING MEDICAL EDUCATION/CONTINUING EDUCATION

Continuing Medical Education (CME):

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Psychoanalytic Association and the Psychoanalytic Center of Philadelphia. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

The American Psychoanalytic Association designates this Live Activity for a maximum of 3 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS: None of the planners and presenters of this CME program have any relevant financial relationships to disclose.



Continuing Education for Psychologists (CE):

The Psychoanalytic Center of Philadelphia is approved by the American Psychological Association to sponsor continuing education for psychologists. The Psychoanalytic Center of Philadelphia maintains responsibility for this program and its content. Every session of this program offers CE credit for psychologists.

Continuing Education for Social Workers, Marriage and Family Therapists, and Professional Counselors (CE): In accordance with the requirements of the Commonwealth of PA dated 12/23/06 [PA Code: Title 49, Ch. 47-49], The State Board of Social Workers, Marriage and Family Therapists, and Professional Counselors recognizes the American Psychological Association (APA) as a preapproved provider of continuing education programs for social workers and clinical social workers, marriage and family therapists, and professional counselors in the State of Pennsylvania. The Psychoanalytic Center of Philadelphia is approved by the American Psychological Association to sponsor continuing education programs.

**For more information, please contact the Psychoanalytic Center of Philadelphia:
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3810 Mt. Pleasant Drive Philadelphia, PA 19121
215-235-2345**

3 CE/CME credits available per film
Free for PCOP Members
Free for Non-Members not Seeking Credit
\$75 for Non-Members Seeking Credit (per film)