

Reel Thinking presents...

# OVER THE MOON

Sunday, December 5, 2021 2:00 pm to 5:00 pm

Discussion Leader: Yingcheng "Elaine" Xu, MD



**Over the Moon** was released in 2020, in the middle of Covid-19, as a cartoon animated movie about a 13-year-old girl. The plot revolves around Fei-Fei, an adventurous girl who misses her deceased mother and has difficulty accepting her father's new relationship. Fei-Fei wants to prove to the world that there is a mythical goddess on the moon, based on a story she heard as a child from her mother. For this, she builds a spaceship that will take her to the moon. **Over the Moon** is a fun loving story, with hint of a child's struggle about her own beliefs and acceptance of changes around her .

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**Dr. Elaine Xu** is an adult psychiatrist at Cooper University Health Care where she works on the consult/liaison service and ambulatory clinic. She supervises residents and teaches medical students at the Cooper Medical School of Rowan University. She graduated from the Perelman School of Medicine at the University of Pennsylvania, where she stayed to complete her residency in adult psychiatry. Dr. Xu immigrated from China with her parents at age 5 and grew up mostly in the Boston suburbs. Her Chinese - Chinese-American identity has been central to her development, and she is passionate about Asian-American Pacific Islander (AAPI) issues, speaking on anti-AAPI racism in healthcare and psychiatry while in residency and at Cooper.

This year's Reel Thinking series will focus on American and International films with themes of developmental phases in adolescent and elderly age groups. Discussion will focus on psychosocial, cultural, and psychoanalytic perspectives that are helpful in clinical settings, including psychotherapy, and in overcoming conscious and unconscious biases.

[CLICK HERE TO REGISTER](#)

3 CE/CME credits available per film

Free for PCOP Members

Free for Non-Members not Seeking Credit

\$75 for Non-Members Seeking Credit

## EDUCATIONAL OBJECTIVES

At the end of this presentation, participants will be able to:

1. Describe the known psychoanalytic perspectives of developmental phases in adolescents and elderly.
2. List the effects of developmental challenges in adolescents and elderly on their mental health and psychosocial outcomes.
3. Assess, explain and critique conscious and unconscious biases, role of these in transference and countertransference
4. Design and create how they survive these social challenges, cope with it and develop resiliency to enhance themselves and contribute to the goodness of society

## CONTINUING MEDICAL EDUCATION/CONTINUING EDUCATION

### Continuing Medical Education (CME):

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Psychoanalytic Association and the Psychoanalytic Center of Philadelphia. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

The American Psychoanalytic Association designates this Live Activity for a maximum of 3 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

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\*Financial relationships are relevant if the educational content an individual can control is related to the business lines or products of the ineligible company.

- Updated July 2021 -



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**For more information, please contact the Psychoanalytic Center of Philadelphia:**

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**[pcop@philanalysis.org](mailto:pcop@philanalysis.org)**

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