

ANALYTIC PRINCIPLES FOR THE REAL WORLD: WORKING WITH RESISTANCE

PRESENTER: IRENE HURFORD, MD

DISCUSSANT: SALLY HOLTZ, PHD

In this latest installment of our case conference series, PCOP psychotherapy student Irene Hurford, MD will present a case to discussant Sally Holtz, PhD, psychoanalyst and PCOP faculty member, with a focus on 1) identifying resistance in its various forms and 2) ways to intervene when encountering resistance.

Discussion will focus on clinical interventions and case formulation, demonstrating the relevance of analytic principles to work with patients different from those often presented in analytic literature. This discussion will provide concrete examples of “what to say, when” in psychotherapy that attendees can apply to their own clinical work. Attendees will have the opportunity to discuss the material together in “break out” chat groups, and a moderator will guide the following question and answer period where you can pose questions to Irene and Sally regarding the case.

Dr. Irene Hurford was founder and clinical director of the Psychosis Education, Assessment, Care, and Empowerment (PEACE) program at Horizon House, Inc, which has become a leading First-Episode Psychosis (FEP) program across the United States. She was the founder and director of HeadsUp at the University of Pennsylvania, where she led Pennsylvania-wide efforts at FEP services program evaluation, and programmatic training in FEP Coordinated Specialty Care service implementation and delivery. Currently Dr. Hurford is in private practice in Jenkintown, PA, where she continues to have a special interest in working with people with psychosis.

Dr. Sally Holtz is a psychologist and psychoanalyst. She is on the faculty at PCOP and at the Psychoanalytic Association of New York as well. Additionally she is clinical assistant professor in the psychiatry department at the University of Pennsylvania medical school, where she teaches and supervises psychology post doctoral fellows and psychiatry residents. She has been in private practice for over 35 years.



SATURDAY, OCTOBER 2, 2021
11:00 AM - 1:00 PM (EST)*

*TIME CHANGED



FREE for PCOP Members & Non-Members Not Seeking Credit
\$50 for Non-Members Seeking Credit



2 CE/CME's Available

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EDUCATIONAL OBJECTIVES

At the end of this presentation, participants will be able to:

1. Describe elements of psychodynamic psychotherapy case formulation and technique.
2. Describe how awareness of transference and countertransference feelings can be used to better understand patients and guide treatment/interventions.

CONTINUING MEDICAL EDUCATION/CONTINUING EDUCATION

Continuing Medical Education (CME):

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Psychoanalytic Association and the Psychoanalytic Center of Philadelphia. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

The American Psychoanalytic Association designates this Live Activity for a maximum of 2 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS: None of the planners and presenters for this educational activity have relevant financial relationship(s)* to disclose with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

*Financial relationships are relevant if the educational content an individual can control is related to the business lines or products of the ineligible company.

- Updated July 2021 -



Continuing Education for Psychologists (CE):

The Psychoanalytic Center of Philadelphia is approved by the American Psychological Association to sponsor continuing education for psychologists. The Psychoanalytic Center of Philadelphia maintains responsibility for this program and its content. Every session of this program offers CE credit for psychologists.

Continuing Education for Social Workers, Marriage and Family Therapists, and Professional Counselors (CE): In accordance with the requirements of the Commonwealth of PA dated 12/23/06 [PA Code: Title 49, Ch. 47-49], The State Board of Social Workers, Marriage and Family Therapists, and Professional Counselors recognizes the American Psychological Association (APA) as a preapproved provider of continuing education programs for social workers and clinical social workers, marriage and family therapists, and professional counselors in the State of Pennsylvania. The Psychoanalytic Center of Philadelphia is approved by the American Psychological Association to sponsor continuing education programs.

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