

PSYCHODYNAMIC FORMULATION: NEW METHODS, NEW IDEAS



Presented by Deborah L. Cabaniss, MD

The ability to formulate psychodynamically is a central skill for all psychoanalysts and psychodynamic psychotherapists. It's something we need to be able to learn, practice and teach throughout our careers. This community learning event, open to all students and faculty, will introduce a clear, step-wise approach to teaching this seminal skill that can be used by learners at all levels and by experienced practitioners alike. It will also offer participants a chance to consider ways of using a broader approach to psychodynamic formulation that allows us to appreciate the ways that the hierarchical structures of our society impact our unconscious development throughout life.

Deborah L. Cabaniss, MD, is Professor of Clinical Psychiatry at the Columbia University College of Physicians and Surgeons, Associate Director of Residency Training in the Columbia Department of Psychiatry, and a Training and Supervising Analyst at the Columbia University Center for Psychoanalytic Training and Research. She has won numerous teaching awards, including the Columbia University Presidential Award for Outstanding Teaching, APsA's Edith Sabshin award and the APA's Irma Bland Award. She received her BA from Yale, her MD from Columbia, and completed her psychoanalytic training at Columbia. Her books, "Psychodynamic Psychotherapy: A Clinical Manual (2nd edition)," "Psychodynamic Formulation" (2nd edition in process), and "Different Patients; Different Therapies" have changed the way that psychodynamic psychotherapy is taught. They are now used across the US and Canada and have been translated into Mandarin, Korean and Farsi. She also has a private practice in Manhattan, where she lives with her husband Thomas, a composer.



Register
Here!

Friday, October 1, 2021

7:00 pm to 9:00 pm

Via Zoom

2 CE/CME's Available

EDUCATIONAL OBJECTIVES

At the end of this presentation, participants will be able to:

1. Outline and apply the Describe-Review-Link method of psychodynamic formulation in their work with patients
2. Use at least one new method for teaching this method to students
3. Incorporate ideas about the role that the hierarchical structures of society have on unconscious development into a psychodynamic formulation

CONTINUING MEDICAL EDUCATION/CONTINUING EDUCATION

Continuing Medical Education (CME):

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Psychoanalytic Association and the Psychoanalytic Center of Philadelphia. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

The American Psychoanalytic Association designates this Live Activity for a maximum of 2 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS: None of the planners and presenters for this educational activity have relevant financial relationship(s)* to disclose with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

*Financial relationships are relevant if the educational content an individual can control is related to the business lines or products of the ineligible company.

- Updated July 2021 -



Continuing Education for Psychologists (CE):

The Psychoanalytic Center of Philadelphia is approved by the American Psychological Association to sponsor continuing education for psychologists. The Psychoanalytic Center of Philadelphia maintains responsibility for this program and its content. Every session of this program offers CE credit for psychologists.

Continuing Education for Social Workers, Marriage and Family Therapists, and Professional Counselors (CE): In accordance with the requirements of the Commonwealth of PA dated 12/23/06 [PA Code: Title 49, Ch. 47-49], The State Board of Social Workers, Marriage and Family Therapists, and Professional Counselors recognizes the American Psychological Association (APA) as a preapproved provider of continuing education programs for social workers and clinical social workers, marriage and family therapists, and professional counselors in the State of Pennsylvania. The Psychoanalytic Center of Philadelphia is approved by the American Psychological Association to sponsor continuing education programs.

For more information, please contact the Psychoanalytic Center of Philadelphia:

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The Psychoanalytic Center of Philadelphia is committed to reasonable accommodations for any member or program attendee with a disability, unless doing so would cause significant hardship to the organization. Advance written notice is necessary to arrange for some accessibility needs. **To request accommodations for this program, please [click here](#) to complete an Accommodation Request Form.**