

PSYCHOANALYTIC CENTER OF PHILADELPHIA

# TELEANALYSIS FOR YOUNG CHILDREN: ADAPTING TO THE FRAME AND ENGAGING IN PSYCHOANALYTIC PROCESS

*Presented by Caroline M. Sehon, MD, FABP*

*Discussant: Daniel W. Prezant, PhD*

The COVID-19 pandemic has required child therapists and analysts to quickly gain competence in distance-mediated treatment so as to provide continuity and a comparable level of care. Until the onset of the COVID-19 pandemic, teletherapy and teleanalysis were considered experimental treatments reserved for adults and less commonly adolescents. Teleanalysis with young children has been regarded as impossible, or at least as an experimental treatment. This CME activity will help therapists and analysts learn to work with technology as a play object with young children; to analyze unconscious communication projected onto the technology-mediated setting with young children, to investigate the transference and countertransference online; and to utilize teleanalysis as an effective and periodic alternative to in-office work during and after the end of the COVID-19 pandemic.

**Caroline Sehon, MD, FABP**, Director, the International Psychotherapy Institute (IPI); Supervising child and adult analyst at the International Institute for Psychoanalytic Training and the Combined Child Analytic and Child Psychotherapy Training Program, both at IPI; former Chairperson of the IPI's Clinical Teleanalysis Research Group; Member, IPA Committee on Child and Adolescent Psychoanalysis (COCAP); Authors of chapters on child psychotherapy and psychoanalysis online.

**Daniel W. Prezant, PhD**, is a Training and Supervising Analyst at the New York Psychoanalytic Society and Institute (NYPSI) where he is also a Supervising Analyst in Child and Adolescent Analysis. He supervises candidates, child fellows, externs, interns, post docs, residents, and social workers. At APsA he is Chair of Membership, a Board of Director at Large, member of the DPE Child Section, member of the COVID-19 Advisory Team, and Chair of a task force on returning to in-person work. Dan is also the Secretary of the Association for Child Psychoanalysis. He is in private practice for analysis and therapy with children, adolescents, adults, parents, and couples.



**FRIDAY, JANUARY 29, 2021**

**7:00 PM TO 9:00 PM**

2 CE/CME'S AVAILABLE

## EDUCATIONAL OBJECTIVES

At the end of this presentation, participants will be able to:

1. Select one example of analyzing unconscious communication projected onto the technology-mediated setting with young children
2. Describe fully one defensive and one affective-expressive use of a displacement object shown on screen in online child analytic treatment

## CONTINUING MEDICAL EDUCATION/CONTINUING EDUCATION

Continuing Medical Education (CME):

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Psychoanalytic Association and the Psychoanalytic Center of Philadelphia. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

The American Psychoanalytic Association designates this Live Activity for a maximum of 2 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS:** None of the planners and presenters of this CME program have any relevant financial relationships to disclose.



### Continuing Education for Psychologists (CE):

The Psychoanalytic Center of Philadelphia is approved by the American Psychological Association to sponsor continuing education for psychologists. The Psychoanalytic Center of Philadelphia maintains responsibility for this program and its content. Every session of this program offers CE credit for psychologists.

**Continuing Education for Social Workers, Marriage and Family Therapists, and Professional Counselors (CE):** In accordance with the requirements of the Commonwealth of PA dated 12/23/06 [PA Code: Title 49, Ch. 47-49], The State Board of Social Workers, Marriage and Family Therapists, and Professional Counselors recognizes the American Psychological Association (APA) as a preapproved provider of continuing education programs for social workers and clinical social workers, marriage and family therapists, and professional counselors in the State of Pennsylvania. The Psychoanalytic Center of Philadelphia is approved by the American Psychological Association to sponsor continuing education programs.

**For more information, please contact the Psychoanalytic Center of Philadelphia:**

Rockland – East Fairmount Park  
3810 Mt. Pleasant Drive Philadelphia, PA 19121  
215-235-2345  
[pcop@philanalysis.org](mailto:pcop@philanalysis.org)