

PSYCHOANALYTIC CENTER OF PHILADELPHIA
THE SATURDAY MORNING CASE CONFERENCE SERIES

ANALYTIC PRINCIPLES FOR THE REAL WORLD: COUNTERTRANSFERENCE HATE

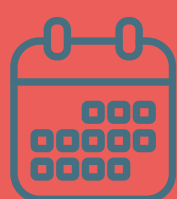
PRESENTER: ALEX OCHS, LCSW
DISCUSSANT: ANNE MALONE, MSS, LCSW

This latest installment of our case conference series highlights the experience of difficult countertransference feelings - frustration, anger, and even hate - in response to hostility and projected self-hatred in treatment with a challenging patient. Third year PCOP psychotherapy student Alex Ochs, LCSW, will present a case from his private practice to discussant Anne Malone, LCSW, seasoned analyst and PCOP faculty member.

Discussion will focus on clinical interventions and case formulation, demonstrating the relevance of analytic principles to work with patients different from those often presented in analytic literature. This discussion will provide concrete examples of "what to say, when" in psychotherapy that attendees can apply to their own clinical work. Attendees will have the opportunity to discuss the material together in "break out" chat groups, and a moderator will guide the following question and answer period where you can pose questions to Alex and Anne regarding the case.

Alex Ochs, LCSW (he/him/his) is a clinical social worker and psychotherapist in Outpatient Infectious Diseases at the Hospital of the University of Pennsylvania where he works with HIV positive patients 18-29 years of age. He also maintains a private practice based in Fishtown. He specializes in working with emerging adults who identify as LGBTQ*, people living with HIV, and those struggling with anxiety due to life transitions. Alex obtained his MSS from Bryn Mawr Graduate School of Social Work and Social Research and will be starting a Ph.D. in Social Work at the University of Denver Graduate School of Social Work this coming fall.

Anne Malone, MSS, LCSW, is a licensed clinical social worker and psychoanalyst (adult and child). She has a Masters of Social Service from Bryn Mawr College and is in private practice in Media, PA. She is on the faculty of the Psychoanalytic Center of Philadelphia and serves as a supervising analyst.



**SATURDAY, JANUARY 16, 2021
10:30 AM TO 12:30 PM**



**FREE for PCOP Members
\$50 for Non-Members Seeking Credit
\$20 for Non-Members Not Seeking Credit**



2 CE/CME's Available



EDUCATIONAL OBJECTIVES

At the end of this presentation, participants will be able to:

1. Explain the analytic concept of countertransference and how it relates to patient dynamics.
2. Describe how therapist awareness of countertransference feelings can be used to better understand patients and guide treatment/interventions.

CONTINUING MEDICAL EDUCATION/CONTINUING EDUCATION

Continuing Medical Education (CME):

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Psychoanalytic Association and the Psychoanalytic Center of Philadelphia. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

The American Psychoanalytic Association designates this Live Activity for a maximum of 2 AMA PRA Category 1 Credit(s)TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS: None of the planners and presenters of this CME program have any relevant financial relationships to disclose.



Continuing Education for Psychologists (CE):

The Psychoanalytic Center of Philadelphia is approved by the American Psychological Association to sponsor continuing education for psychologists. The Psychoanalytic Center of Philadelphia maintains responsibility for this program and its content. Every session of this program offers CE credit for psychologists.

Continuing Education for Social Workers, Marriage and Family Therapists, and Professional Counselors (CE): In accordance with the requirements of the Commonwealth of PA dated 12/23/06 [PA Code: Title 49, Ch. 47-49], The State Board of Social Workers, Marriage and Family Therapists, and Professional Counselors recognizes the American Psychological Association (APA) as a preapproved provider of continuing education programs for social workers and clinical social workers, marriage and family therapists, and professional counselors in the State of Pennsylvania. The Psychoanalytic Center of Philadelphia is approved by the American Psychological Association to sponsor continuing education programs.

For more information, please contact the Psychoanalytic Center of Philadelphia:

**Rockland - East Fairmount Park
3810 Mt. Pleasant Drive Philadelphia, PA 19121
215-235-2345
pcop@philanalysis.org**