

Understanding & Addressing Traumatic States

(With Suggestions for Online Work)

**Presented by
Vivian Dent, PhD**

**Friday,
September 25, 2020
7:00 pm - 9:00 pm
2 CE/CME'S AVAILABLE**

Via Zoom

[Click here to register!](#)

This presentation will provide an overview of trauma's wide-ranging effects on somatic functioning, nervous system regulation, relational engagement, and personality integration. In this context, it will present suggestions for working with traumatic states, with an emphasis on interventions that can be used in online work.

Vivian Dent, Ph.D., began practicing psychoanalytic psychotherapy in the dark ages when self psychology, relational approaches, and object relations theory first mounted their challenge to American ego psychology. About 15 years later, she began to study trauma and trauma therapies, eventually becoming an EMDR Approved Consultant while completing extensive training in Internal Family Systems and Sensorimotor Psychotherapy. She has taught at the Psychoanalytic Institute of Northern California, the San Francisco Center for Psychoanalysis, Access Institute, and Sage Integrative Health, among other programs. She has a private practice in San Francisco and Oakland.

EDUCATIONAL OBJECTIVES

At the end of this presentation, participants will be able to:

1. To describe signs that a traumatic state has been activated.
2. To assess the impact of traumatically activated states on thinking, speaking, and relating.
3. To apply clinical approaches to restoring equilibrium in traumatically activated patients.

CONTINUING MEDICAL EDUCATION/CONTINUING EDUCATION

Continuing Medical Education (CME):

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Psychoanalytic Association and the Psychoanalytic Center of Philadelphia. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

The American Psychoanalytic Association designates this Live Activity for a maximum of 2 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS: None of the planners and presenters of this CME program have any relevant financial relationships to disclose.

Continuing Education for Psychologists (CE):



The Psychoanalytic Center of Philadelphia is approved by the American Psychological Association to sponsor continuing education for psychologists. The Psychoanalytic Center of Philadelphia maintains responsibility for this program and its content. Every session of this program offers CE credit for psychologists.

Continuing Education for Social Workers, Marriage and Family Therapists, and Professional Counselors (CE):

In accordance with the requirements of the Commonwealth of PA dated 12/23/06 [PA Code: Title 49, Ch. 47-49], The State Board of Social Workers, Marriage and Family Therapists, and Professional Counselors recognizes the American Psychological Association (APA) as a preapproved provider of continuing education programs for social workers and clinical social workers, marriage and family therapists, and professional counselors in the State of Pennsylvania. The Psychoanalytic Center of Philadelphia is approved by the American Psychological Association to sponsor continuing education programs.

For more information, please contact the Psychoanalytic Center of Philadelphia:

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