

Saturday Morning Case Conference

Analytic Principles for the Real World: Treating Substance Abuse

*For candidates, psychotherapy
students, and early career professionals*

**Saturday, October 3, 2020
10:30 am to 12:30 pm**

Presenter: Sheila Lynch, MA
Discussant: Fred Baurer, MD

Via Zoom!

*Zoom information will be included in
your registration confirmation email.*

FREE for PCOP Trainees

**FREE for Non-Members Not
Seeking CE Credit**

**\$50 for Non-Members Seeking
CE Credit**

[Click here to register!](#)

This latest installment of the case conference series “Analytic Principles for the Real World” focuses on the special topic of treating substance abuse from a psychodynamic perspective. PCOP member Sheila Lynch, MA, will present a patient from her work at a community mental health center to discussant Fred Bauer, MD, seasoned analyst and PCOP faculty member. Discussion will focus on psychodynamic technique and case formulation as it applies to treating substance abuse, demonstrating the relevance of classical analytic principles to psychotherapy today—even when working with difficult patient populations and clinical settings different from those often presented in analytic literature. This discussion will provide practical examples of “what to say, when” in psychotherapy that attendees can apply to their own clinical work. Upon registration, attendees will receive a PDF of Dr. Bauer’s paper “From Addiction to Wellness: A Person-Centered Psychotherapeutic Approach” to provide an introduction to key concepts prior to the conference.

Sheila Lynch, MA, (she/her) received her Masters in Counseling from NYU in 2015 and has been working as an outpatient therapist at a community mental health clinic in Philadelphia for nearly 3 years, while pursuing psychodynamic therapy and supervision to further her education. Her clinical interests focus on issues of identity and differentiation, low self esteem, and chronic illness. Sheila is also influenced by person-centered and feminist approaches.

Fred Baurer, MD, is a graduate of Wesleyan University and Temple University School of Medicine. Dr. Baurer was instrumental in developing the addiction treatment services at the Kirkbride Center, in particular the integration of Medication Assisted Treatment into the inpatient rehabilitation program. Dr. Baurer utilizes an individualized and collaborative approach to patients, engaging them as partners in navigating a decision-making process around MAT and treatment overall. In addition to his work at Kirkbride, Dr. Baurer has continued to maintain a private practice in addiction psychiatry and psychotherapy for 31 years, and has worked extensively with physicians in recovery from addiction. He has served as president of the PA Society of Addiction Medicine (PSAM) since 2005.

EDUCATIONAL OBJECTIVES

At the end of this presentation, participants will be able to:

1. Describe and incorporate concepts from adult psychodynamic psychotherapy case formulations more readily.
2. Develop a deeper understanding of psychodynamic technique related to treating substance abuse.
3. Identify and have a greater understanding of the countertransference/transference issues that arise in their work with substance abuse.

CONTINUING MEDICAL EDUCATION/CONTINUING EDUCATION

Continuing Medical Education (CME):

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Psychoanalytic Association and the Psychoanalytic Center of Philadelphia. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

The American Psychoanalytic Association designates this Live Activity for a maximum of 2 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS: None of the planners and presenters of this CME program have any relevant financial relationships to disclose.



Continuing Education for Psychologists (CE):

The Psychoanalytic Center of Philadelphia is approved by the American Psychological Association to sponsor continuing education for psychologists. The Psychoanalytic Center of Philadelphia maintains responsibility for this program and its content. Every session of this program offers CE credit for psychologists.

Continuing Education for Social Workers, Marriage and Family Therapists, and Professional Counselors (CE): In accordance with the requirements of the Commonwealth of PA dated 12/23/06 [PA Code: Title 49, Ch. 47-49], The State Board of Social Workers, Marriage and Family Therapists, and Professional Counselors recognizes the American Psychological Association (APA) as a preapproved provider of continuing education programs for social workers and clinical social workers, marriage and family therapists, and professional counselors in the State of Pennsylvania. The Psychoanalytic Center of Philadelphia is approved by the American Psychological Association to sponsor continuing education programs.

For more information, please contact the Psychoanalytic Center of Philadelphia:

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