

Psychotherapy Forum

Fear of Breakthrough: "This Past and Future Thing"

Friday, March 1, 2019

7:30 pm - 9:30 pm

EVENT DESCRIPTION:

Something happened, says Winnicott, but the person wasn't there for it to happen to. Yet its traces are ever present and always on the horizon. This "flash of insight" – one of many during an electrifying period of theory development for Winnicott and published in his late, startlingly intuitive paper, "Fear of Breakdown" – is grounded in clinical work with psychotic and traumatized patients. If we take the first sentence of this paragraph literally, we could read it as an inter-generational truth for all of us: something indeed happened to our parents; we may not have been there, but we were on the horizon. In this presentation, Dr. Fromm will examine Winnicott's fear of breakdown idea as it may relate to the transmission of trauma, to the question of psychosis, and to its manifestation in the transference. At the end of his paper, Winnicott, at his most eloquent, turns his formulation around and speaks of nothing happening, when something could have happened. Might this tragically empty moment speak to the fear of breakthrough both parent and child sense as they stumble into the fallout of trauma one has been carrying for the other?

PRESENTER: M. Gerard Fromm, PhD

M. Gerard Fromm, Ph.D., is Distinguished Faculty and former Director of the Erikson Institute of the Austen Riggs Center. Dr. Fromm has taught at, and consulted with, a number of psychoanalytic institutes across the country. He is President of the International Dialogue Initiative, an interdisciplinary group that studies the psychodynamics of societal conflict, and past president of the International Society for the Psychoanalytic Study of Organizations. Dr. Fromm has presented and published widely, including *Lost in Transmission: Studies of Trauma across Generations*, *A Spirit That Impels: Play, Creativity and Psychoanalysis*, and *Taking the Transference, Reaching toward Dreams: Clinical Studies in the Intermediate Area*.

DISCUSSANT: Kilian Fritsch, PhD

Location:

The Discovery Center
3401 Reservoir Drive
Philadelphia, PA 19121

Register online at
www.philanalysis.org

2 CE/CME credits available (see reverse for details)

Free for PCOP Members
\$50 for Non-Members Seeking Credit
\$20 for Non-Members not Seeking Credit

*An optional dinner will be held at Rockland at 6:00 pm before the forum.
The dinner is \$25 (\$20 for PCOP trainees).*

****All events prior to the forum (dinner, Assessment and VA Conferences) will take place at PCOP.****

EDUCATIONAL OBJECTIVES:

At the end of this program, participants will be able to:

1. Describe Winnicott's fear of breakdown concept.
2. Explore and identify its connection to the inter-generational transmission of trauma.
3. Apply this connection to a number of clinical cases, including a case of psychosis.

CONTINUING MEDICAL EDUCATION/CONTINUING EDUCATION

Continuing Medical Education (CME):

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Psychoanalytic Association and the Psychoanalytic Center of Philadelphia. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

The American Psychoanalytic Association designates this Live Activity for a maximum of 2 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS: None of the planners and presenters of this CME program have any relevant financial relationships to disclose.



The Psychoanalytic Center of Philadelphia is approved by the American Psychological Association to sponsor continuing education for psychologists. The Psychoanalytic Center of Philadelphia maintains responsibility for this program and its content.

Continuing Education for Psychologists (CE):

The Psychoanalytic Center of Philadelphia is approved by the American Psychological Association to sponsor continuing education for psychologists. The Psychoanalytic Center of Philadelphia maintains responsibility for this program and its content. Every session of this program offers CE credit for psychologists.

Continuing Education for Social Workers, Marriage and Family Therapists, and Professional Counselors (CE): In accordance with the requirements of the Commonwealth of PA dated 12/23/06 [PA Code: Title 49, Ch. 47-49], The State Board of Social Workers, Marriage and Family Therapists, and Professional Counselors recognizes the American Psychological Association (APA) as a preapproved provider of continuing education programs for social workers and clinical social workers, marriage and family therapists, and professional counselors in the State of Pennsylvania. The Psychoanalytic Center of Philadelphia is approved by the American Psychological Association to sponsor continuing education programs.

For more information about this event or other continuing education programs, please contact the administrative office of the Psychoanalytic Center of Philadelphia:

**Rockland – East Fairmount Park
3810 Mt. Pleasant Drive
Philadelphia, PA 19121
215-235-2345
pcop@philanalysis.org**