

Psychoanalytic Forum

Keeping the Brain in Mind:

Neuropsychanalytic Reflections on Fantasy, Inhibition, and the Association Cortex

Wednesday, March 13, 2019

7:30 pm - 9:30 pm

EVENT DESCRIPTION:

This talk will present an overview of a basic model of the mind and brain, designed for psychotherapists and others who are newcomers to neuroscience. The mind and brain can be divided into an affective/instinctual core, regulated by an inhibitory/symbolic canopy. We will review some of the key subcortical circuits involved with emotion, instinct, and drive, and some of the cortical circuits involved with affect regulation, inhibition, and fantasy or imagination. Some clinical observations will be shared to illustrate how a neuropsychanalytic perspective can enrich clinical hypotheses in everyday psychodynamic therapy and provide general support for the basics of psychodynamic technique.

PRESENTER: Maggie Zellner, PhD, LP

Dr. Zellner is a psychoanalyst, behavioral neuroscientist, and neuropsychanalytic educator. She is the Executive Director of the Neuropsychanalysis Foundation in New York and co-editor of the journal, *Neuropsychanalysis*. Dr. Zellner received her Ph.D. from the Graduate Center of the City University of New York in the Neuropsychology Sub-program at Queens College. She is a founding member of the International Neuropsychanalysis Society and a graduate and member of the National Psychological Association for Psychoanalysis (NPAP) in New York. Dr. Zellner has taught introductory neuroscience to the psychoanalytically-minded since 2003. She enjoys explaining things and takes every opportunity to use words like "object relations" and "orbitofrontal cortex" in the same sentence.

DISCUSSANT: Jane Abrams, DSW, LCSW

Rockland—
East Fairmount Park
3810 Mt. Pleasant Drive
Philadelphia, PA 19121

2 CE/CME credits available (see reverse for details)

Free for PCOP Members
\$50 for Non-Members Seeking Credit
\$20 for Non-Members not Seeking Credit

An optional dinner will be held at Rockland at 6:00 pm before the forum.

The dinner is \$25 (\$20 for PCOP trainees).

Register online at
www.philanalysis.org

EDUCATIONAL OBJECTIVES:

At the end of this program, participants will be able to:

1. Name at least three basic emotion systems and at least one neurotransmitter involved with each.
2. Identify at least three resting-state networks that are involved with fantasy, affect regulation, working memory, or salience.
3. Engage more effectively with neuroimaging literature on psychiatric disorders.

CONTINUING MEDICAL EDUCATION/CONTINUING EDUCATION

Continuing Medical Education (CME):

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Psychoanalytic Association and the Psychoanalytic Center of Philadelphia. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

The American Psychoanalytic Association designates this Live Activity for a maximum of **2** AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS: None of the planners and presenters of this CME program have any relevant financial relationships to disclose.



The Psychoanalytic Center of Philadelphia is approved by the American Psychological Association to sponsor continuing education for psychologists. The Psychoanalytic Center of Philadelphia maintains responsibility for this program and its content.

Continuing Education for Psychologists (CE):

The Psychoanalytic Center of Philadelphia is approved by the American Psychological Association to sponsor continuing education for psychologists. The Psychoanalytic Center of Philadelphia maintains responsibility for this program and its content. Every session of this program offers CE credit for psychologists.

Continuing Education for Social Workers, Marriage and Family Therapists, and Professional Counselors (CE): In accordance with the requirements of the Commonwealth of PA dated 12/23/06 [PA Code: Title 49, Ch. 47-49], The State Board of Social Workers, Marriage and Family Therapists, and Professional Counselors recognizes the American Psychological Association (APA) as a preapproved provider of continuing education programs for social workers and clinical social workers, marriage and family therapists, and professional counselors in the State of Pennsylvania. The Psychoanalytic Center of Philadelphia is approved by the American Psychological Association to sponsor continuing education programs.

For more information about this event or other continuing education programs, please contact the administrative office of the Psychoanalytic Center of Philadelphia:

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