

# **Xenophobia and Psychoanalytic Psychotherapy in the Current U.S. Context**

Sunday, October 20, 2019

2:00 pm - 5:00 pm

Drexel University College of Medicine

2900 Queen Lane

Philadelphia, PA 19129

**Event Description:** Fringe movements and mainstream political parties have framed immigrants and refugees as the major cause of unemployment, crime, and a threat to their cultural and social fabric, unearthing a collective anxiety about the browning of the U.S. Beginning in early 2017, Donald Trump's policies of heightened policing of Black and Brown people, deporting unauthorized immigrants and separating children from parents, constructing a wall at the U.S. Southern border, and banning the entry of people from six predominantly Muslim countries has made explicit the connection between racism and xenophobia in the U.S. Despite policies that seem alarming to many of us, we remain a nation that is largely apathetic or numb to the dehumanization of racial minority immigrants and their children.

**Presenter: Usha Tummala-Narra, PhD**

**Usha Tummala-Narra, PhD**, is an Associate Professor in the Counseling, Developmental & Educational Psychology department at Boston College. She conducts research on mental health and trauma within immigrant communities, focusing her work on cultural competence in psychotherapy. Her expertise includes areas of immigration, race, gender, interpersonal and collective trauma, and culturally informed psychoanalytic psychotherapy. A licensed psychologist and co-author of dozens of books and journals, Tummala-Narra has lent her expertise to NPR, NBC News, Al Jazeera America and many other outlets. She currently serves on three editorial boards: the Asian American Journal of Psychology, Psychoanalytic Psychology, and Psychology of Men and Masculinity.

**Discussants:** Fayez El-Gabalawi, MD, and April Fallon, PhD

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**3 CE/CME Credits Available (see reverse for details)**

**Free for PCOP Members**  
**Free for Non-PCOP members not seeking credit**  
**\$75 for Non-Members Seeking Credit**

**Register online at [www.philanalysis.org](http://www.philanalysis.org)**

## EDUCATIONAL OBJECTIVES:

At the end of this program, participants will be able to:

1. Recognize the ways in which xenophobia and racism are deeply embedded in pre- and post-migration contexts.
2. Identify the traumatic effects of xenophobia and racism on immigrants in the U.S.
3. Recognize how xenophobia and racism in the current political climate in the U.S. impact the therapeutic relationship.

## CONTINUING MEDICAL EDUCATION/CONTINUING EDUCATION

### Continuing Medical Education (CME):

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Psychoanalytic Association and the Psychoanalytic Center of Philadelphia. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

The American Psychoanalytic Association designates this Live Activity for a maximum of 3 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS:** None of the planners and presenters of this CME program have any relevant financial relationships to disclose.



The Psychoanalytic Center of Philadelphia is approved by the American Psychological Association to sponsor continuing education for psychologists. The Psychoanalytic Center of Philadelphia maintains responsibility for this program and its content.

### Continuing Education for Psychologists (CE):

The Psychoanalytic Center of Philadelphia is approved by the American Psychological Association to sponsor continuing education for psychologists. The Psychoanalytic Center of Philadelphia maintains responsibility for this program and its content. Every session of this program offers CE credit for psychologists.

**Continuing Education for Social Workers, Marriage and Family Therapists, and Professional Counselors (CE):** In accordance with the requirements of the Commonwealth of PA dated 12/23/06 [PA Code: Title 49, Ch. 47-49], The State Board of Social Workers, Marriage and Family Therapists, and Professional Counselors recognizes the American Psychological Association (APA) as a preapproved provider of continuing education programs for social workers and clinical social workers, marriage and family therapists, and professional counselors in the State of Pennsylvania. The Psychoanalytic Center of Philadelphia is approved by the American Psychological Association to sponsor continuing education programs.

For more information about this event or other continuing education programs, please contact the administrative office of the Psychoanalytic Center of Philadelphia:

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