

Study Groups

Chester County Study Group

Group Leader: Richard Cruz, MD

Provides CE Credits: Yes¹

Current Acceptance Status: Accepting new members. Contact PCOP Membership & Events Coordinator Julia Seixas at jseixas@philanalysis.org if interested.

Description: Group members alternate presenting clinical cases for group consultation. Topics of interest and literature are also discussed. Open to all PCOP members.

Meeting Time: Monthly on the second Tuesday at 7 pm via Zoom.

John Frank Reading Group

Group Leader: Annarita Gentile, MSS

Provides CE Credits: Yes²

Current Acceptance Status: Accepting a limited number of new members. Contact Julia Seixas at jseixas@philanalysis.org if interested.

Description: Monthly discussions of psychoanalytic literature. Theme-based readings with members taking turns introducing and leading discussions.

Meeting Time: Monthly on the third Tuesday from 7:30 pm - 9:00 pm via Zoom.



Study Groups

Psychotherapy Alumni Study Group

Group Leaders: John Frank, MD; Bev Cutler, PhD (assistant)

Provides CE Credits: Yes³

Current Acceptance Status: Update coming soon.

Description: Targeted to experienced clinicians who completed a Psychoanalytic Psychotherapy Training Program. Focus on clinical moments and emotional reactions.

Meeting Time: Monthly on the first Friday from 10:30 am - 12:00 pm via Zoom or at Rockland.

Robert Waelder Study Group

Group Leaders: Richard Cornfield, MD; Diana Rosenstein, PhD.

Provides CE Credits: Yes⁴

Current Acceptance Status: Invitation only. Contact Richard Cornfield at rbcor@aol.com if interested.

Description: Explore psychoanalytic processes and techniques in the analysis of adults and children. Invitation only for psychoanalysts.

Meeting Time: Monthly on the third Sunday from 7:15 pm - 8:45 pm at members' homes or via Zoom.



Study Groups

South Jersey Study Group

Group Leaders: Elaine Hyman, PsyD; Mary Ann Ager, MD; Pati Boguski, MA, LPC (assist.)

Provides CE Credits: Yes⁵

Current Acceptance Status: Accepting a limited number of new members. Contact Julia Seixas at jseixas@philanalysis.org if interested.

Description: Monthly study and discussion of key psychoanalytic literature, focusing on transference/countertransference and trauma.

Meeting Time: Monthly meetings via Zoom. Date & Time TBD.

Wednesday Study Group

Group Leader: Syd Pulver, MD.

Provides CE Credits: Yes⁶

Current Acceptance Status: Not accepting new members at this time.

Description: Weekly discussions on current psychoanalytic literature, with frequent exploration of Risk Management topics.

Meeting Time: Update coming soon.

Study Groups

Vulnerable Child Study Group

Group Leaders: Richard Cruz, MD; Christie Huddleston, MD.

Provides CE Credits: Yes⁷

Current Acceptance Status: Accepting new members on a case-by-case basis. Contact Julia Seixas at jseixas@philanalysis.org if interested.

Description: Targeted for professionals working with children. Monthly discussions on psychoanalytic literature and case presentations.

Meeting Time: Monthly on the first Tuesday from 7:30 pm - 9 pm via Zoom.

Supervising Analyst Study Group

Group Leaders: Andrew Smolar, MD

Provides CE Credits: Yes⁸

Current Acceptance Status: Not accepting new members.

Description: Monthly study group for supervising analysts.

Meeting Time: Monthly meetings via Zoom, 12-1:15 pm.



Study Groups

Private Practice Group

Group Leaders: Emma Hazanov, LCSW & Rachel Gross, MD.

Provides CE Credits: No

Current Acceptance Status: Not accepting new members at this time.

Description: Update coming soon.

Meeting Time: Update coming soon.

Supervision Group

Group Leader: Mark Moore, PhD.

Provides CE Credits: No

Current Acceptance Status: Accepting up to four new members. If interested, please contact Mark Moore at markmoorephd@icloud.com.

Description: Update coming soon.

Meeting Time: Monthly meetings on Sundays from 9:00-10:00 am via Zoom. Dates vary, but the group may settle on the 4th Sunday.

Study Groups

Freud Group

Group Leaders: Sheila Japko, Peter Hoffer, Anne Malone

Provides CE Credits: No

Current Acceptance Status: Not accepting new members at this time.

Description: Shelia is the host of the group. Open to members interested in Freud-only requirements.

Meeting Time: Monthly meetings on the third Tuesday from 7:30-9:00 pm virtually or at Sheila's home.

Female Psychology Study Group

Group Leaders: Ann Eichen, Pati Boguski

Provides CE Credits: No

Current Acceptance Status: Not accepting new members at this time.

Description: The group is currently inactive. If anyone is interested in joining, the group may start up again. Contact PCOP Membership & Events Coordinator Julia Seixas at jseixas@philanalysis.org if interested.

Meeting Time: Updating coming soon.

Study Groups

Racism Study Group

Leaders: Sam Wyche, Ralph Fishkin

Provides CE Credits: No

Current Acceptance Status: Not accepting new members at this time.

Description: The group is devoted to the topic of our own racism as it affects African Americans.

Meeting Time: Meetings are personal and experiential, either on Friday nights or Sunday afternoon, depending on mutual agreement via a doodle poll.

Difficult Situations involving Children and Parents

Group Leaders: John Frank, Ann Smolen, Barbara Shapiro

Provides CE Credits: No

Current Acceptance Status: Not accepting new members at this time.

Description: Monthly meetings for over 15 years, taking turns at different members' homes. Focus on clinical material and difficulties the presenter had. A small group of child and adolescent analysts discussing difficult situations involving children and parents. A few younger members joined from time to time but groups aged and over time met less frequently.

Meeting Time: Update coming soon.

Study Groups

Bion Study Group

Group Leaders: Suzanne Benser, Peter Hoffer, Albert Kaplan, Frank Tisano

Provides CE Credits: No

Current Acceptance Status: Considering accepting new members. A potential new member should visit the group and then they will decide. If interested, please contact PCOP Membership & Events Coordinator Julia Seixas at jseixas@philanalysis.org.

Description: Update coming soon.

Meeting Time: Monthly meetings on the Third Thursday at 10:15 AM.

Writing Study Group

Group Leaders: Emma Hazanov, Rachel Gross, Bruce Levin

Provides CE Credits: No

Current Acceptance Status: Update coming soon.

Description: Update coming soon.

Meeting Time: Update coming soon.

Study Groups

Endnotes

1. Chester County Study Group

ACCME/AMA Accreditation Language, Disclosure Statement

For all promotional materials/promotional website

Activity Description

The Chester County Study Group is targeted to psychoanalysts and psychoanalytic psychotherapists practicing in the suburban Philadelphia Chester County area. The topic addressed is improved psychoanalytic understanding and psychoanalytic psychotherapy technique for the learner's adult and adolescent patients. The educational method is small group discussion by psychoanalytic clinicians of individual cases presented by members of the group for group consultation. Relevant psychoanalytic literature will be discussed including transference/countertransference issues, ethics, psychoanalytic theory and technique. The two study group leaders and one member/ presenter are graduate psychoanalysts and PCOP faculty. Other member/presenters are experienced psychoanalytic psychotherapists.

Learning Objectives

1. Present clinical cases in a group setting and respond to group consultation applying knowledge gained to clinical work.
2. Discuss clinically relevant literature to psychoanalytic psychotherapy including transference/countertransference issues, ethics, psychoanalytic theory and technique.

ACCME Accreditation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Psychoanalytic Association and the PSYCHOANALYTIC CENTER OF PHILADELPHIA. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

AMA Credit Designation Statement

The American Psychoanalytic Association designates this live activity for a maximum of 15 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure Statement

The APsA CE Committee has reviewed the materials for accredited continuing education and has determined that this activity is not related to the product line of ineligible companies and therefore, the activity meets the exception outlined in Standard 3: ACCME's identification, mitigation and disclosure of relevant financial relationship. This activity does not have any known commercial support.

Study Groups

2. The John Frank Reading Group

ACCME/AMA Accreditation Language, Disclosure Statement

For all promotional materials/promotional website

Activity Description

Our practice gap is to select a particular theme each year that presents a question or a series of ideas for us to read, discuss, and apply new insights. Our thirteen-member group will explore this theme or a specific set of papers and establish a sequence that helps us build on these ideas. As learners and participants, we embrace the opportunity to examine contemporary questions and review early papers to find, discuss, and analyze how recurring concepts versus new concepts influence our working ideas. As a diverse group, we have members who are strong in particular theories, whether traditional or contemporary. We explore how to address traditional problems alongside the nuances of contemporary issues. For example, we reflect on what we experienced, learned, and applied as a result of the pandemic.

Learning Objectives

1. Critically examine psychoanalytic concepts presented in readings for a deeper understanding of the therapeutic process
2. To discriminate when and why analytic concepts derived from readings are applicable to clinical work
3. Apply that new understanding of concepts appropriately in clinical moments to further the therapeutic impact of interventions

ACCME Accreditation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Psychoanalytic Association and the PSYCHOANALYTIC CENTER OF PHILADELPHIA. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

AMA Credit Designation Statement

The American Psychoanalytic Association designates this live activity for a maximum of *15 AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure Statement

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Study Groups

3. Clinical and Ethical Encounter Group for Graduates of the Dynamic Psychotherapy Program

ACCME/AMA Accreditation Language & Disclosure Statement

For all promotional materials and promotional website

Activity Description

The study group is targeted to experienced psychiatrists, psychologists, and clinical social workers who, in addition to obtaining terminal degrees in their fields, have completed a 2–3 year Psychoanalytic Psychotherapy Training Program.

In small group discussions of clinical moments, emphasis is placed on the clinician's emotional reaction to something the patient said or did. The clinician's awareness of an unsettling, frustrating, or surprising feeling is part of the clinical moment and is often key to an important dynamic in the intersubjective interaction.

Often, the teaching session is taken up by group discussions of layers of meaning radiating out from the clinical moment. Understanding the clinical encounter is an effort to establish safe emotional authenticity by both parties through boundary-respecting transference/countertransference enactments as a foundation for the therapeutic alliance and possibly deepening the relationship.

Learning Objectives

1. Demonstrate sensitivity to unconscious communication to further self-reflection and self-understanding in order to attain a deeper understanding of the patient.
2. Describe the usefulness of countertransference as part of the therapist's beliefs, values, fantasies, needs, and limitations in analyzing clinical encounters.
3. Describe how attention to the earliest manifestations of affect and defense in the here and now is fundamental to respecting the patient's deeper subjectivity and forming an ethical therapeutic alliance.

ACCME Accreditation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the **American Psychoanalytic Association** and the **Psychoanalytic Center of Philadelphia (PCOP)**. The **American Psychoanalytic Association** is accredited by the ACCME to provide continuing medical education for physicians.

AMA Credit Designation Statement

The **American Psychoanalytic Association** designates this live activity for a maximum of **15 AMA PRA Category 1 Credit(s)™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure Statement

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Study Groups

4. **Robert Waelder Study Group**

ACCME/AMA Accreditation Language, Disclosure Statement

For all promotional materials/promotional website

Activity Description

The Robert Waelder Study Group will explore similarities and differences in psychoanalytic process and techniques in the analysis of adults and children, and assess the technical handling of transference, countertransference, and enactments in such cases.

Learning Objectives

1. Explain psychoanalytic process in selected clinical cases.
2. Compare similarities and differences in psychoanalytic process and techniques in the analysis of adults and children.
3. Assess the technical handling of transference, countertransference, and enactments in clinical analytic work.

ACCME Accreditation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Psychoanalytic Association and the PSYCHOANALYTIC CENTER OF PHILADELPHIA. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

AMA Credit Designation Statement

The American Psychoanalytic Association designates this live activity for a maximum of *15 AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure Statement

The APsA CE Committee has reviewed the materials for accredited continuing education and has determined that this activity is not related to the product line of ineligible companies and therefore, the activity meets the exception outlined in Standard 3: ACCME's identification, mitigation and disclosure of relevant financial relationship. This activity does not have any known commercial support.

Study Groups

5. South Jersey Study Group

ACCME/AMA Accreditation Language, Disclosure Statement

For all promotional materials/promotional website

Activity Description

Study group members, all active clinicians, meet once per month to study and discuss key/current psychoanalytic literature especially as it regards transference/ countertransference, as well as technical management of trauma, applying the theory and technique, therein to members' clinical cases. A central goal of reading and discussion is to support members' clinical work, enhancing their skills.

Learning Objectives

1. Describe three concepts explored in the assigned reading.
2. Compare/discuss how the ideas in the assigned article conforms to/differs from authors' previous ideas on the topic.

ACCME Accreditation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Psychoanalytic Association and the PSYCHOANALYTIC CENTER OF PHILADELPHIA. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

AMA Credit Designation Statement

The American Psychoanalytic Association designates this live activity for a maximum of 15 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure Statement

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Study Groups

6. Wednesday Study Group

ACCME/AMA Accreditation Language, Disclosure Statement

For all promotional materials/promotional website

Activity Description

A study group of up to 13 analysts which meets weekly on Wednesdays to discuss current psychoanalytic literature. Topics on Risk Management will be frequently explored.

Learning Objectives

1. Describe briefly the current status of the field of psychoanalysis in general and the status of the specific topics of each meeting.
2. Present clinical material relevant to the various topics under construction and apply current ideas about psychoanalytic theory and technique in their current clinical practice.
3. Synthesize the most recent ideas about Ethics, Suicide Prevention, and Risk Management in psychoanalytic practice

ACCME Accreditation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Psychoanalytic Association and the PSYCHOANALYTIC CENTER OF PHILADELPHIA. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

AMA Credit Designation Statement

The American Psychoanalytic Association designates this live activity for a maximum of 25 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure Statement

The APsA CE Committee has reviewed the materials for accredited continuing education and has determined that this activity is not related to the product line of ineligible companies and therefore, the activity meets the exception outlined in Standard 3: ACCME's identification, mitigation and disclosure of relevant financial relationship. This activity does not have any known commercial support.

Study Groups

7. Vulnerable Child Study Group

ACCME/AMA Accreditation Language & Disclosure Statement

For all promotional materials and promotional website

Activity Description

Child and adult psychoanalysts have limited experience and confidence in diagnosing and treating vulnerable children, leading to fewer psychotherapeutic or preventive services for child and adult patients with childhood vulnerabilities. There is a need for clinicians to better understand developmental differences in vulnerable children, as well as differences in psychotherapeutic techniques and preventive interventions, to better meet the psychotherapeutic needs of this population.

Learning Objectives

1. Discuss and review literature on child development, child vulnerabilities, psychoanalytic and psychotherapeutic techniques, and preventive interventions related to vulnerable children.
2. Prepare for the Annual Meeting Vulnerable Child Discussion Group, including case presentations, discussions, and post-meeting publications designed to improve skills in diagnosis, child psychoanalytic psychotherapy and psychoanalysis, and systems assessment and interventions.

ACCME Accreditation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Psychoanalytic Association and the Psychoanalytic Center of Philadelphia (PCOP). The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

AMA Credit Designation Statement

The American Psychoanalytic Association designates this live activity for a maximum of 15 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure Statement

The APsA CE Committee has reviewed the materials for accredited continuing education and has determined that this activity is not related to the product line of ineligible companies. Therefore, the activity meets the exception outlined in Standard 3: ACCME's identification, mitigation, and disclosure of relevant financial relationships.

This activity does not have any known commercial support.

Study Groups

8. Supervising Analyst Study Group

ACCME/AMA Accreditation Language, Disclosure Statement

For all promotional materials/promotional website

Activity Description

The group is targeted to supervising analysts. The topic being addressed is improvement in practice-based learning for supervising analysts, and improvement in communication between supervising analysts and their supervisees. The educational methods will promote team-based education, enhance technical supervisory skills, and encourage collaboration between leaders of the seminar and participants. The content of the program will address supervisory skills, with clinical presentations, discussion of technical points, and integration with theory culled from the literature. The leaders are senior Supervising Analysts who have organized the lectures for the Developmental Pathway on supervision, have supervised extensively, and are currently writing about the subject.

Learning Objectives

1. Describe briefly the current status of psychoanalytic supervision in general and the status of the specific topic for each meeting.
2. Present clinical material relevant to various components of supervision and apply current ideas about psychoanalytic theory and practice to the supervisory process.
3. Apply the most current ideas about Risk management and suicide to the supervisory process.

ACCME Accreditation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Psychoanalytic Association and the PSYCHOANALYTIC CENTER OF PHILADELPHIA. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

AMA Credit Designation Statement

The American Psychoanalytic Association designates this live activity for a maximum of *12.5 AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure Statement

The APsA CE Committee has reviewed the materials for accredited continuing education and has determined that this activity is not related to the product line of ineligible companies and therefore, the activity meets the exception outlined in Standard 3: ACCME's identification, mitigation and disclosure of relevant financial relationship. This activity does not have any known commercial support.