



# Dreaming through the Sublime with Henri Rousseau & the Barnes Foundation

Dayna Sharp, LCSW  
Saturday, February 7<sup>th</sup> – 12:00 pm – 3:00 pm  
*The Barnes Foundation - 2025 Benjamin  
Franklin Parkway  
Philadelphia, PA 19130*

2.75 CE/CMEs Available

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## ABOUT THE PROGRAM

*“Art Is Either Sublime, or It Is Not Art. Here we have a psychoanalyst who not only has a good ear but also a good eye. He listens but he also looks. What is more, he has faith – faith in the art of the paintings he contemplates and faith in the verbal art he himself practises – psychoanalysis.” (Fusini in Civitarese, The Hour of Birth, 2025, p. xi)*

This workshop invites participants to experience an “Hour of Birth”, as we encounter and dream through the art of Henri Rousseau and beyond at the Barnes Foundation. Drawing upon foundational and contemporary psychoanalytic theory of dreamwork, we will engage with paintings as dreams – learning to look, feel, contemplate and practice while finding faith in the sublime. Join us as we immerse ourselves into this royal road, sense into the analytic potential held in dreams and art and nourish the birth our own creative practice.

Participants will gather at **The Barnes Foundation** (2025 Benjamin Franklin Parkway Philadelphia, PA 19130) on **Saturday, February 7th** at 12:00 PM for an hour and fifteen minutes of independent and small group exploration. Bring a notebook or sketchbook to jot down your impressions during the journey. Following this immersive experience, we will reconvene at the **Philadelphia Free Library** (1901 Vine St, Philadelphia, PA 19103) from 1:30 PM – 3:00 PM for a facilitated group discussion. Pre-readings will be assigned.

## ABOUT THE PRESENTER

Dayna Sharp is a Clinical Social Worker and Psychoanalyst working in private practice. She serves as a mentor in the Psychoanalytic Center of Philadelphia’s Fellowship program, where she completed a two year psychotherapy program, and teaches at the Institute of the Psychoanalytic Study of Subjectivity in NYC, where she completed her formal analytic training. She has additionally taught for the National Institute for the Psychotherapies and the Tehran Psychoanalytic Institute.

**RSVP  
HERE!**



## EDUCATIONAL OBJECTIVES

At the end of this presentation, participants will be able to:

1. Describe and summarize the fundamental views of early analytic dream theory (Freud and Jung), as well as more contemporary theory and research (Fosshage, Solms) and to apply these concepts to their clinical work.
2. Summarize the difference between manifest and latent expressions of dreams – the explicit and implicit dimensions of dreamwork, and will be able to apply this to their clinical work.
3. Discuss the clinical usefulness of dreams and analytic dreamwork and will be able to offer useful ways of thinking about dreams – including nightmares – to their patients (therapeutic action).

## CONTINUING MEDICAL EDUCATION/CONTINUING EDUCATION

Continuing Medical Education (CME):

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Psychoanalytic Association and the Psychoanalytic Center of Philadelphia. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

The American Psychoanalytic Association designates these Live Activities for a maximum of 2.75 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS:** None of the planners and presenters of this CME program have any relevant financial relationships to disclose.



Continuing Education for Psychologists (CE):

The Psychoanalytic Center of Philadelphia is approved by the American Psychological Association to sponsor continuing education for psychologists. The Psychoanalytic Center of Philadelphia maintains responsibility for this program and its content. Every session of this program offers CE credit for psychologists.

Continuing Education for Social Workers, Marriage and Family Therapists, and Professional Counselors (CE): In accordance with the requirements of the Commonwealth of PA dated 12/23/06 [PA Code: Title 49, Ch. 47-49], The State Board of Social Workers, Marriage and Family Therapists, and Professional Counselors recognizes the American Psychological Association (APA) as a preapproved provider of continuing education programs for social workers and clinical social workers, marriage and family therapists, and professional counselors in the State of Pennsylvania. The Psychoanalytic Center of Philadelphia is approved by the American Psychological Association to sponsor continuing education programs.

For more information, please contact the Psychoanalytic Center of Philadelphia:

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215-235-2345  
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The Psychoanalytic Center of Philadelphia is committed to reasonable accommodations for any member or program attendee with a disability unless doing so would cause significant hardship to the organization. Advance written notice is necessary to arrange for some accessibility needs. To request accommodations for this program, please [click here](#) to complete an Accommodation Request Form.